



D=Dollar Clubhouse G=Gateway Clubhouse EC=Event Center H=Hillside Clubhouse MPR=Multipurpose Room DV=Del Valle C=Creekside

2015 POOL AND FITNESS CENTER HOURS

- Del Valle pool is open from 6 a.m. until 9 p.m. Monday through Friday, except Thursdays when it opens at 1 p.m. after cleaning; and 6 a.m. until 6 p.m. Saturday and Sunday.
- Dollar and Hillside pools are open 6 a.m. to 8 p.m. Dollar opens at 1 p.m. on Wednesdays, after cleaning. Hillside opens at 1 p.m. after cleaning on Tuesdays.
- Family swim is at Hillside Monday, Wednesday, Thursday and Friday from 11 a.m. to 1 p.m., and Saturday and Sunday from 11 a.m. to 2 p.m. There is no family swim on Tuesdays.
- Fitness Center is open Monday through Friday, 6 a.m. to 9 p.m. and Saturday and Sunday, 6 a.m. to 6 p.m.
- For information on pool hours, call 988-7854.

ROSSMOOR LIBRARY HOURS

- Monday, Tuesday, Thursday, Friday: Noon to 4 p.m.
- Wednesday: 10 a.m. to 4 p.m.
- Saturday: 10 a.m. to 1 p.m.

1 p.m.	Mat Science	Shasta Room, DV	Rec. Dept.
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
1 p.m.	Life Drawing	Art Studio 2, G	Art Association
1:45 p.m.	Int. Folk Dancing	Aerobics Room, DV	Folk Dancers
3:45 p.m.	Chair Challenge	Aerobics Room, DV	Rec. Dept.
4 p.m.	Basketball	Sierra Room, DV	Rec. Dept.
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
4 p.m.	Pot Luck	Sportsman's Park, H.....	Unitarian Universalists
6 p.m.	Basketball	Sierra Room, DV	Rec. Dept.
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Aquacise	Pool, DV	Rec. Dept.
7:30 p.m.	B'nai Israel Service	Vista Room, H	B'nai Israel
9 p.m.	Movie	Peacock Hall, G	Rec. Dept.

THURSDAY, JULY 9

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Circuit Class	Sierra Room, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Diablo Room, H	Luk Tung Kuen
7 a.m.	Mat Pilates Int/Adv	Aerobics Room, DV	Rec. Dept.
8:30 a.m.	Dance Aerobics	Aerobics Room, DV	Rec. Dept.
9 a.m.	Tai Chi	Shasta Room, DV	Chinese/American Club
9 a.m.	Bocce Open Play	Bocce Courts, H	Bocce Club
9 a.m.	Stitchers	Sewing Room, G	Sewing Arts Club
9 a.m.	Open Workshop	Art Studio 2, G	Art Association
9:30 a.m.	Zumba	Aerobics Room, DV	Dance, Fitness & Resource
10 a.m.	Therapeutic Yoga	Shasta Room, DV	Rec. Dept.
10 a.m.	Qi Gong	Sierra Room, DV	Rec. Dept.
11 a.m.	Light Strength	Aerobics Room, DV	Rec. Dept.
11 a.m.	Mat Science	Shasta Room, DV	Rec. Dept.
12 p.m.	Osteoporosis Exercise	Shasta Room, DV	Rec. Dept.
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
1 p.m.	Writers Club Mtg.	MPR 1, 2, G	Writers Group
1 p.m.	Partnership Bridge	Oak Room, G	Bridge
1 p.m.	Beginning Oil And Acrylic	Art Studio 1, G	Art Association
1:30 p.m.	Parkinsons Group	Aerobics Room, DV	Rec. Dept.
1:30 p.m.	Pickleball	Sierra Room, DV	Rec. Dept.
2 p.m.	Beg/Int. Line Dance	Diablo Room, H	Line Dance
2 p.m.	Beginner Tap Dance	Shasta Room, DV	Rec. Dept.
3 p.m.	Intermediate Tap Dance	Shasta Room, DV	Rec. Dept.
3:30 p.m.	Pickleball	Sierra Room, DV	Rec. Dept.
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
5 p.m.	Aquacise	Pool, DV	Rec. Dept.
5:30 p.m.	Strength Yoga	Shasta Room, DV	Rec. Dept.
5:30 p.m.	Basketball	Sierra Room, DV	Rec. Dept.
7 p.m.	Moving 2 Music	Aerobics Room, DV	Moving To Music
7 p.m.	AA Open Meeting	Garden Room, D	Rec. Dept.
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
7 p.m.	Aquacise	Pool, DV	Rec. Dept.

FRIDAY, JULY 10

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Group Cycle	Aerobics Room, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Diablo Room, H	Luk Tung Kuen
7 a.m.	Abs/Back	Aerobics Room, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Las Trampas, H	Luk Tung Kuen
7:30 a.m.	Rhythmbotics	Aerobics Room, DV	Rec. Dept.
8 a.m.	Pickleball	Sierra Room, DV	Rec. Dept.
8 a.m.	Deep Water Aerobics	Pool, H	Rec. Dept.
8:30 a.m.	Men's Exercise Class	MPR 1, 2, G	Men's Exercise Group
8:45 a.m.	Strength Training	Aerobics Room, DV	Rec. Dept.
9 a.m.	Keeping Fit Club	Shasta Room, DV	Rec. Dept.
9 a.m.	Farmers Market	G/Parking Lot, G	Rec. Dept.
9 a.m.	Bocce Open Play	Bocce Courts, H	Bocce Club
9 a.m.	Watercolor	Art Studio 1, G	Art Association
9 a.m.	Quilters	Sewing Room, G	Sewing Arts Club
10 a.m.	Muscle Movers	Aerobics Room, DV	Rec. Dept.
10 a.m.	Flexible Yoga	Shasta Room, DV	Rec. Dept.
10 a.m.	Pickleball	Sierra Room, DV	Rec. Dept.
10 a.m.	Movie	Peacock Hall, G	Rec. Dept.
10 a.m.	Water Exercise	Pool, DV	Rec. Dept.
10:30 a.m.	Men's Cribbage Play	MPR 2, G	Cribbage (Men)
11 a.m.	Line Dancing	Aerobics Room, DV	Line Dance
11:15 a.m.	Joint Efforts	Pool, DV	Rec. Dept.
11:45 a.m.	Gentle Yoga	Shasta Room, DV	Rec. Dept.
12 p.m.	Mah Jong	Oak Room, G	Chinese/American Club
12:15 p.m.	Twinges in the Hinges	Pool, DV	Rec. Dept.
12:30 p.m.	Songs By Mildred And Fil	Redwood Room, G	Rec. Dept.
12:30 p.m.	Chess Play	Chess Room, D	Chess Club

SATURDAY, JULY 11

TIME	EVENT	LOCATION	ORGANIZATION
8 a.m.	Basketball	Sierra Room, DV	Rec. Dept.
8:45 a.m.	Trails Club Hike	MPR 3, G	Trails Club
9 a.m.	Ballroom With Style	Aerobics Room, DV	Rec. Dept.
10 a.m.	Domino Play	MPR 2, G	Domino Club
10 a.m.	Chess Play	Chess Room, D	Chess Club
12 p.m.	Pickleball	Sierra Room, DV	Rec. Dept.
12 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
12:30 p.m.	Ballroom With Style	Aerobics Room, DV	Rec. Dept.
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
1 p.m.	Card Playing	MPR 1, G	Canasta Club
1 p.m.	Aquacise	Pool, DV	Rec. Dept.
3 p.m.	Pickleball	Sierra Room, DV	Rec. Dept.
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
4:30 p.m.	Moving 2 Music	Aerobics Room, DV	Moving To Music
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.

SUNDAY, JULY 12

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Basketball	Sierra Room, DV	Rec. Dept.
9 a.m.	Church Service	Las Trampas, H	Siloam Community Church
10 a.m.	St. Lukes Sunday Service	Diablo Room, H	St. Luke's Church
10:30 a.m.	Sunday Service	Fireside Room, G	Hope Lutheran
11 a.m.	Sunday Service	Peacock Hall, G	Tice Valley Methodist Church
12 p.m.	Mindful Mat Floor Stretch	Aerobics Room, DV	Rec. Dept.
1 p.m.	Chair Sit & Stretch	Aerobics Room, DV	Rec. Dept.
1 p.m.	Round Dance Club	Shasta Room, DV	Rec. Dept.
3 p.m.	Lecture	Diablo Room, H	Middle East Information
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Stompy Jones In The Park	D/Picnic Area 1, D	Rec. Dept.

MONDAY, JULY 13

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Group Cycle	Aerobics Room, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Diablo Room, H	Luk Tung Kuen
7 a.m.	Abs/Back	Aerobics Room, DV	Rec. Dept.
7:30 a.m.	Rhythmbotics	Aerobics Room, DV	Rec. Dept.
8 a.m.	Cardio/Pul Group	MPR 3, G	Rec. Dept.
8 a.m.	Deep Water Aerobics	Pool, H	Rec. Dept.
8:30 a.m.	Men's Exercise Class	MPR 1, 2, G	Men's Exercise Group
8:45 a.m.	Strength Training	Aerobics Room, DV	Rec. Dept.
9 a.m.	Tai Chi	Sierra Room, DV	Chinese/American Club
9 a.m.	Keeping Fit Club	Shasta Room, DV	Rec. Dept.
9 a.m.	Trails Walk	Peacock Plaza, G	Trails Club
9 a.m.	Bocce Open Play	Bocce Courts, H	Bocce Club
9 a.m.	Open Studio	Art Studio 2, G	Art Association
10 a.m.	Grandparents For Peace	Club Room, C	Grandparents For Peace
10 a.m.	Muscle Movers	Aerobics Room, DV	Rec. Dept.
10 a.m.	Qi Gong	Sierra Room, DV	Rec. Dept.
10 a.m.	Integrated Beginner Yoga	Shasta Room, DV	Rec. Dept.
10 a.m.	Water Exercise	Pool, DV	Rec. Dept.
11 a.m.	TRX	Sierra Room, DV	Rec. Dept.
11 a.m.	Light Strength	Aerobics Room, DV	Rec. Dept.
11:15 a.m.	Joint Efforts	Pool, DV	Rec. Dept.
11:35 a.m.	Therapeutic Yoga	Shasta Room, DV	Rec. Dept.
12 p.m.	Basketball	Sierra Room, DV	Rec. Dept.
12 p.m.	Needleworkers	Sewing Room, G	Sewing Arts Club
12:15 p.m.	Twinges in the Hinges	Pool, DV	Rec. Dept.
12:30 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
1 p.m.	Singing Class	Diablo Room, H	Community Chorus
1 p.m.	Mat Science	Shasta Room, DV	Rec. Dept.
1:30 p.m.	Parkinsons Group	Aerobics Room, DV	Rec. Dept.
2 p.m.	Happy Hoofers Int. Tap	Shasta Room, DV	Rec. Dept.
3 p.m.	Beginner Hula Club	Aerobics Room, DV	Rec. Dept.
4 p.m.	Basketball	Sierra Room, DV	Rec. Dept.
5 p.m.	Flexible Yoga	Shasta Room, DV	Rec. Dept.
6 p.m.	Round Dance Monday	Las Trampas, H	Rossmoor Round Dance

Calendar information is provided to the News by Room Reservations at the Recreation Department.

Residents or groups who would like to make changes to the listing should contact Room Reservations at 988-7780 or 988-7781.

6:30 p.m.	Domino Play	Oak Room, G.....	Domino Club
6:30 p.m.	Poker With Friends	Pine Room, H.....	Rec. Dept.
7 p.m.	LDS Bible Study	Garden Room, D.....	LDS Studies Group
7 p.m.	AA Meetings	Vista Room, H.....	Rec. Dept.
7 p.m.	Square Dance	Las Trampas, H.....	Square Dance Club
7 p.m.	Aquacise	Pool, DV.....	Rec. Dept.

TUESDAY, JULY 14

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Circuit Class	Sierra Room, DV.....	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Diablo Room, H.....	Luk Tung Kuen
7 a.m.	Mat Pilates Int/Adv	Aerobics Room, DV.....	Rec. Dept.
8:30 a.m.	Dance Aerobics	Aerobics Room, DV.....	Rec. Dept.
9 a.m.	Tai Chi	Shasta Room, DV.....	Chinese/American Club
9 a.m.	Pinocle Play	MPR 2, G.....	Pinocle Men's & Women's
9 a.m.	Bocce Open Play	Bocce Courts, H.....	Bocce Club
9:30 a.m.	Zumba	Aerobics Room, DV Dance, Fitness & Resource	
10 a.m.	Tai Chi Chih Beginning	Diablo Room, H.....	Tai Chi Chih Club
10 a.m.	Qi Gong	Sierra Room, DV.....	Rec. Dept.
10:30 a.m.	Ballet	Aerobics Room, DV.....	Rec. Dept.
11 a.m.	Gentle Yoga	Shasta Room, DV.....	Rec. Dept.
11:15 a.m.	Tai Chi Chih	Diablo Room, H.....	Tai Chi Chih Club
12:15 p.m.	Active Yoga	Shasta Room, DV.....	Rec. Dept.
1 p.m.	Party Bridge	Card Room 1, D.....	Party Bridge
1 p.m.	Acrylic Oil Interm/Adv	Art Studio 1, G.....	Art Association
2 p.m.	Hot Flashers Int/Adv Tap	Shasta Room, DV.....	Rec. Dept.
2 p.m.	Discussion	Garden Room, D.....	Philosophy Club
2:30 p.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
4 p.m.	Moving 2 Music	Aerobics Room, DV.....	Rec. Dept.
5 p.m.	Stretch Yoga	Shasta Room, DV.....	Rec. Dept.
5 p.m.	Aquacise	Pool, DV.....	Rec. Dept.
5:30 p.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
7 p.m.	Moving 2 Music	Aerobics Room, DV.....	Moving To Music
7 p.m.	Medical Marijuana	Vista Room, H.....	Medical Marijuana Club
7 p.m.	Supervised Bridge Play	MPR 1, 2, G.....	Supervised Bridge
7 p.m.	Aquacise	Pool, DV.....	Rec. Dept.

WEDNESDAY, JULY 15

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Group Cycle	Aerobics Room, DV.....	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Diablo Room, H.....	Luk Tung Kuen
7 a.m.	Abs/Back	Aerobics Room, DV.....	Rec. Dept.
7:30 a.m.	Rhythmobics	Aerobics Room, DV.....	Rec. Dept.
8 a.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
8 a.m.	Deep Water Aerobics	Pool, H.....	Rec. Dept.
8:30 a.m.	Men's Exercise Class	MPR 1, 2, G.....	Men's Exercise Group
8:45 a.m.	Strength Training	Aerobics Room, DV.....	Rec. Dept.
8:45 a.m.	Trails Club Hike	MPR 3, G.....	Trails Club
9 a.m.	Keeping Fit Club	Shasta Room, DV.....	Rec. Dept.
9 a.m.	Bocce Open Play	Bocce Courts, H.....	Bocce Club
9 a.m.	Open Workshop Chinese Brush	Art Studio 1, G.....	Art Association
9 a.m.	Drawing	Art Studio 2, G.....	Art Association
9 a.m.	Knitters Group	Sewing Room, G.....	Sewing Arts Club
9:30 a.m.	Duplicate Bridge	Oak Room, G.....	Bridge, Duplicate
10 a.m.	Muscle Movers	Aerobics Room, DV.....	Rec. Dept.
10 a.m.	Qi Gong	Sierra Room, DV.....	Rec. Dept.
10 a.m.	Tai Chi Chuan	Shasta Room, DV.....	Rec. Dept.
10 a.m.	Mah Jong	Card Room 1, 2, D.....	Rossmoor Hadassah
10 a.m.	Water Exercise	Pool, DV.....	Rec. Dept.

11 a.m.	Rotary Luncheon	Diablo Room, H.....	Rotary Club
11 a.m.	Gentle Yoga	Aerobics Room, DV.....	Rec. Dept.
11 a.m.	Qi Gong	Sierra Room, DV.....	Rec. Dept.
11:15 a.m.	Joint Efforts	Pool, DV.....	Rec. Dept.
12:15 p.m.	Twinges in the Hinges	Pool, DV.....	Rec. Dept.
1 p.m.	Partnership Bridge	Oak Room, G.....	Bridge
1:30 p.m.	Bouyant Balance	Pool, DV.....	Rec. Dept.
1:45 p.m.	Beg. Folk Dancing	Aerobics Room, DV.....	Folk Dancers
2 p.m.	Hula Hawaiian Club	Shasta Room, DV.....	Rec. Dept.
2 p.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
3:30 p.m.	Chair Challenge	Aerobics Room, DV.....	Rec. Dept.
3:30 p.m.	Spanish Conversation	Bunker Room, C.....	La Charla
3:45 p.m.	Ukulele Class	Las Trampas, H.....	Rossmoor Ukulele Club
4 p.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
4 p.m.	Republican Films	Peacock Hall, G.....	Republicans
4:30 p.m.	Tai Chi	Diablo Room, H.....	Chinese/American Club
5:30 p.m.	Integrated Yoga	Shasta Room, DV.....	Rec. Dept.
6 p.m.	Xrczfusion	Aerobics Room, DV.....	Rec. Dept.
6:30 p.m.	Bunco Club	Oak Room, G.....	Bunco Club of Rossmoor
7 p.m.	Chinese Movie	Peacock Hall, G.....	Chinese/American Club
7 p.m.	Camera Club Program	Vista Room, H.....	Photography Club
7 p.m.	Aquacise	Pool, DV.....	Rec. Dept.

THURSDAY, JULY 16

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Circuit Class	Sierra Room, DV.....	Rec. Dept.
7 a.m.	Luk Tung Kuen Exercise	Diablo Room, H.....	Luk Tung Kuen
7 a.m.	Mat Pilates Int/Adv	Aerobics Room, DV.....	Rec. Dept.
8:30 a.m.	Dance Aerobics	Aerobics Room, DV.....	Rec. Dept.
9 a.m.	Tai Chi	Shasta Room, DV.....	Chinese/American Club
9 a.m.	Bocce Open Play	Bocce Courts, H.....	Bocce Club
9 a.m.	Stitchers	Sewing Room, G.....	Sewing Arts Club
9 a.m.	Open Workshop	Art Studio 2, G.....	Art Association
9:30 a.m.	Zumba	Aerobics Room, DV Dance, Fitness & Resource	
10 a.m.	Therapeutic Yoga	Shasta Room, DV.....	Rec. Dept.
10 a.m.	Qi Gong	Sierra Room, DV.....	Rec. Dept.
11 a.m.	Light Strength	Aerobics Room, DV.....	Rec. Dept.
11 a.m.	Mat Science	Shasta Room, DV.....	Rec. Dept.
12 p.m.	Osteoporosis Exercise	Shasta Room, DV.....	Rec. Dept.
1 p.m.	Movie	Peacock Hall, G.....	Rec. Dept.
1 p.m.	Writers Club Mtg.	MPR 1, 2, G.....	Writers Group
1 p.m.	Partnership Bridge	Oak Room, G.....	Bridge
1 p.m.	Beginning Oil And Acrylic	Art Studio 1, G.....	Art Association
1:30 p.m.	Parkinsons Group	Aerobics Room, DV.....	Rec. Dept.
1:30 p.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
2 p.m.	Beg/Int. Line Dance	Diablo Room, H.....	Line Dance
2 p.m.	Beginner Tap Dance	Shasta Room, DV.....	Rec. Dept.
3 p.m.	Intermediate Tap Dance	Shasta Room, DV.....	Rec. Dept.
3 p.m.	Hearing Loss Support Group	Vista Room, H.....	Rec. Dept.
3:30 p.m.	Pickleball	Sierra Room, DV.....	Rec. Dept.
4 p.m.	Movie	Peacock Hall, G.....	Rec. Dept.
5 p.m.	Aquacise	Pool, DV.....	Rec. Dept.
5:30 p.m.	Strength Yoga	Shasta Room, DV.....	Rec. Dept.
5:30 p.m.	Basketball	Sierra Room, DV.....	Rec. Dept.
6:30 p.m.	Monthly Mtg.	Fairway A/B, C.....	Filipino-American Assoc.
7 p.m.	Wesla Whitfield	Entire Clubhouse, EC.....	Rec. Dept.
7 p.m.	Moving 2 Music	Aerobics Room, DV.....	Moving To Music
7 p.m.	AA Open Meeting	Garden Room, D.....	Rec. Dept.
7 p.m.	Movie	Peacock Hall, G.....	Rec. Dept.
7 p.m.	Duplicate Bridge	Oak Room, G.....	Bridge, Duplicate
7 p.m.	Aquacise	Pool, DV.....	Rec. Dept.