

Del Valle Comments

Updated 4/11/13

Categories:

Number of Responses

Fitness floor and equipment:

- | | |
|---|------|
| 1. Separate room for noisy equipment | iiii |
| 2. Separate the treadmills by at least 1.0' | i |
| 3. Buy more plastic book holders | i |
| 4. Clean facility | i |
| 5. Provide towels | i |
| 6. New machines | i |
| 7. Separate the aerobic machines from weights | i |

Reception/Check-in Area:

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| 1. Add more chairs in the waiting area | i |
| 2. Secure entrance with ID reader | ii |
| 3. Orient staff desk so the fitness floor is in view | i |

New or Expanded Facilities:

Sports:

- | | |
|-----------------------------------|------|
| 1. Indoor running/walking track | iiii |
| 2. Pickleball courts (3-4 courts) | iii |
| 3. Badminton | i |
| 4. Basketball court | iii |
| 5. Add Bocce courts outside | i |
| 6. Squash/racquetball court | i |
| 7. Climbing wall | i |

Fitness:

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|---------------------------------------|------|
| 1. Outdoor area for exercise | i |
| 2. Larger Aerobics room | iiii |
| 3. Expand fitness floor | i |
| 4. Room for Dance Clubs in Rossmoor | ii |
| 5. Use entire Sierra Room for fitness | i |

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| 6. Add a dedicated area for stretching | iii |
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Amenities:

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| 1. Sauna and steam room | iiii |
| 2. Social room/area for people to gather before/after workout
may include snack and drink service room for meetings | iiiiii |
| • Comfortable seating | |
| • Large scale TV | |
| • Wi-Fi | |
| • Great sound system | |
| • Karaoke set-up | |
| 3. Outdoor social area | i |
| 4. Expand and improve locker rooms | iiii |
| 5. | |
| 6. | |

General Opinion/Comments:

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| 1. Opposed to the expansion of the fitness center | ii |
| 2. Create a “spa like” environment | i |
| 3. Upscale gym | i |
| 4. Update the look to more modern | i |
| 5. Add venting skylights to Sierra Room for natural light and air flow | ii |
| 6. Expand hours to 9:00 p.m. | i |
| 7. Ask resident input before plans are drawn up | i |
| 8. Have a TV at every machine | i |

Programs:

- | | |
|--|---|
| 1. More higher intensity classes such as Zumba | i |
| 2. Super Circuit like DVC | i |