



BC=Buckeye Courts D=Dollar Clubhouse G=Gateway Clubhouse EC=Event Center H=Hillside Clubhouse MPR=Multipurpose Room DV=Del Valle C=Creekside

**POOL AND FITNESS CENTER HOURS
SUMMER SCHEDULE**

DEL VALLE POOL is closed for construction. The reopening date has not been announced.
HILLSIDE POOL is open daily 6 a.m. to 9 p.m. Hillside is closed until 1 p.m. on Tuesdays.
DOLLAR POOL is open daily 6 a.m. to 8 p.m. Dollar is closed until 1 p.m. on Wednesdays.
 Family Swim will be offered at Hillside pool on weekends only from 11 a.m. to 2 p.m. while Del Valle pool is closed for construction.
FITNESS CENTER: While the Fitness Center is closed until the end of 2017 for renovation, facilities are in modular buildings in the Del Valle parking lot. Exercise equipment, a weight room and aerobics classes are all available.
INFORMATION: Fitness Center, call 988-7850. Pools, call 988-7854.

ROSSMOOR LIBRARY HOURS

Monday, Tuesday and Thursday from noon to 4 p.m.
 Wednesday and Friday from 10 a.m. to 4 p.m.
 Saturday from 10 a.m. to 1 p.m.

5 p.m.	Korean Drum Club	Modular, DV	Korean American Club
6 p.m.	Partnership Bridge	Oak Room, G	Bridge, Partnership
6:30 p.m.	Aquacise	Pool, H	Rec. Dept.
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7:30 p.m.	B'nai Israel Service	Vista Room, H	Bnai Israel

SATURDAY, JULY 22

TIME	EVENT	LOCATION	ORGANIZATION
8 a.m.	Practicing Mindfulness	Fairway A/B, C	Mindful Living Club
9 a.m.	Meeting	MPR 3, G	Philatelic Club
9:30 a.m.	Kum Nye Tibetan Yoga	Modular, DV	Rec. Dept.
9:30 a.m.	Domino Play	MPR 1, 2, G	Domino Club
10 a.m.	Chess Play	Chess Room, D	Chess Club
11 a.m.	Kettlebell Class	Modular, DV	Rec. Dept.
11:30 a.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
Noon	Line Dance Club	Modular, DV	Line Dance
Noon	Card Playing	Mulligan Room, C	Afr-Americans & Friends
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
1 p.m.	Saturday Scrabble Play	MPR 2, G	Scrabble Club
1 p.m.	Mah Jong Play And Lesson ..	MPR 1, G	Canasta/Mah Jong Club
1 p.m.	Aquacise	Pool, D	Rec. Dept.
1:30 p.m.	Memory Fit	Modular, DV	Rec. Dept.
2:30 p.m.	Moving 2 Music	Modular, DV	Moving To Music
3:30 p.m.	Sculpt And Tone	Modular, DV	Rec. Dept.
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.

SUNDAY, JULY 23

TIME	EVENT	LOCATION	ORGANIZATION
7 a.m.	Sunday Service	Vista Room, H	Siloam Community Church
9 a.m.	Sunday Service	Diablo Room, H	St. Luke's Church
10:30 a.m.	Sunday Service	Fireside Room, G	Hope Lutheran
11 a.m.	Sunday Service	Peacock Hall, G	Tice Valley Methodist Church
Noon	Mindful Mat	Modular, DV	Rec. Dept.
1 p.m.	Chair Sit & Stretch	Modular, DV	Rec. Dept.
1 p.m.	Meeting	MPR 3, G	Compassion Relief Association
2 p.m.	Mah Jong Play And Lessons ..	MPR 1, G	Canasta/Mah Jong Club
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Dance	Entire Clubhouse, EC	Sunday Dancers
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.

MONDAY, JULY 24

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Group Cycle	Modular, DV	Rec. Dept.
7 a.m.	Luk Tung Kueng	Diablo Room, H	Luk Tung Kuen
7 a.m.	Abs / Back	Modular, DV	Rec. Dept.
7:30 a.m.	Rhythrobics	Modular, DV	Rec. Dept.
8 a.m.	Qi Gong	Diablo Room, H	Chinese/American Club
8 a.m.	Ladies Ball Team	Buckeye Tennis, B	Tennis Club
8 a.m.	Deep Water Aerobics	Pool, H	Rec. Dept.
8:30 a.m.	Mens Exercise	MPR 1, 2, G	Men's Exercise Group
8:45 a.m.	Strength	Modular, DV	Rec. Dept.
9 a.m.	Keeping Fit	Diablo Room, H	Rec. Dept.
9 a.m.	Brown Baggers	Garden Room, D	Domino Club
9 a.m.	Open Bocce Play	Bocce Courts, H	Bocce Club
9 a.m.	Master Swim	Pool, H	Silver Bullets Swim Club
10 a.m.	TLC Yoga	Diablo Room, H	Rec. Dept.
10 a.m.	Muscle Movers	Modular, DV	Rec. Dept.
10:15 a.m.	Water Exercise	Pool, H	Rec. Dept.
11 a.m.	Light Strength	Modular, DV	Rec. Dept.
11:15 a.m.	Joint Efforts	Dv/Pool, DV	Rec. Dept.
11:30 a.m.	TLC Yoga	Diablo Room, H	Rec. Dept.
Noon	Zumba	Modular, DV	Rec. Dept.
Noon	Needleworkers	Sewing Room, G	Sewing Arts Club
12:30 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
1 p.m.	Mat Science	Modular, DV	Rec. Dept.
2 p.m.	Parkinson Group	Modular, DV	Rec. Dept.
4 p.m.	Chinese Line Dancing	Diablo Room, H	Chinese/American Club
4 p.m.	Hula Club	Modular, DV	Hawaii State
4 p.m.	Musical Mondays	Peacock Hall, G	Rec. Dept.
5 p.m.	Flexible Yoga	Modular, DV	Rec. Dept.
6 p.m.	Ballroom Dance	Club Room, C	Ballroom Dance
6 p.m.	Domino Play	Oak Room, G	Domino Club
6:15 p.m.	Dealer's Choice Poker	Pine Room, H	Rec. Dept.
6:30 p.m.	Barre Class	Modular, DV	Rec. Dept.
6:30 p.m.	Aquacise	Pool, H	Rec. Dept.
7 p.m.	Wellness Group	Donner A/B, EC	Wellness Group
7 p.m.	Square Dance	Diablo Room, H	Square Dance Club
7 p.m.	AA Open 12 Step Meeting ..	Vista Room, H	Rec. Dept.
7 p.m.	Musical Monday	Peacock Hall, G	Rec. Dept.

THURSDAY, JULY 20

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Strength Class	Modular, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen	Diablo Room, H	Luk Tung Kuen
7 a.m.	Mat Pilates	Modular, DV	Rec. Dept.
8:30 a.m.	Aerobic Dance	Modular, DV	Rec. Dept.
9 a.m.	Open Bocce Play	Bocce Courts, H	Bocce Club
9 a.m.	Master Swim	Pool, H	Silver Bullets Swim Club
9 a.m.	Stitchers	Sewing Room, G	Sewing Arts Club
9:30 a.m.	Zumba Club	Modular, DV	Dance, Fitness & Resource
9:30 a.m.	Domino Lessons	Oak Room, G	Domino Club
10 a.m.	Open Tennis	Buckeye Tennis Courts, B	Tennis Club
11 a.m.	Light Strength	Modular, DV	Rec. Dept.
Noon	Mat Science	Modular, DV	Rec. Dept.
Noon	Rummy Cube	Pine Room, H	Afr-Americans & Friends
1 p.m.	Chinese Folk Dance	Modular, DV	Chinese Performing Arts
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
1 p.m.	Writers Club Meeting	MPR 1, G	Writers Group
1 p.m.	Partnership Bridge	Oak Room, G	Bridge
1 p.m.	Thursday Scrabble Play	MPR 3, G	Scrabble Club
2 p.m.	Line Dancing	Diablo Room, H	Line Dance
2 p.m.	Parkinson Group	Modular, DV	Rec. Dept.
3 p.m.	Hearing Loss & Tinnitus	Fairway A/B, C	Rec. Dept.
3 p.m.	Hula Club	Modular, DV	Hawaii State
4 p.m.	Kelly Brandenburg Concert ..	Entire Clubhouse, EC	Rec. Dept.
4 p.m.	Writers Club Meeting	MPR 1, 2, G	Writers Group
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
5 p.m.	Group Cycle	Modular, DV	Rec. Dept.
5 p.m.	Aquacise	Pool, D	Rec. Dept.
6 p.m.	Strength Yoga	Modular, DV	Rec. Dept.
7 p.m.	Moving 2 Music	Modular, DV	Moving To Music
7 p.m.	Sing for Joy	MPR 3, G	Sing for Joy
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate

FRIDAY, JULY 21

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Group Cycle	Modular, DV	Rec. Dept.
7 a.m.	Abs / Back	Modular, DV	Rec. Dept.
7 a.m.	Luk Tung Kueng	Las Trampas, H	Rec. Dept.
7:30 a.m.	Rhythrobics	Modular, DV	Rec. Dept.
8 a.m.	Deep Water Aerobics	Pool, H	Rec. Dept.
8:30 a.m.	Mens Exercise	MPR 1, 2, G	Men's Exercise Group
8:45 a.m.	Strength	Modular, DV	Rec. Dept.
9 a.m.	Berean Forum	Fairway A/B, C	Berean Forum
9 a.m.	Brown Baggers	Garden Room, D	Domino Club
9 a.m.	Duplicate Bridge Class	Oak Room, G	Bridge, Duplicate
9 a.m.	Quilters	Sewing Room, G	Sewing Arts Club
9:30 a.m.	Cribbage	MPR 2, G	Cribbage Club
10 a.m.	General Meeting	Club Room, C	Genealogical Society
10 a.m.	Muscle Movers	Modular, DV	Rec. Dept.
10 a.m.	Water Exercise	Pool, H	Rec. Dept.
11 a.m.	Flexible Yoga	Modular, DV	Rec. Dept.
11:15 a.m.	Joint Efforts	Dv/Pool, DV	Rec. Dept.
Noon	Gentle Yoga	Modular, DV	Rec. Dept.
Noon	Mah Jiang	Oak Room, G	Chinese/American Club
12:30 p.m.	Songs With Fil & Mil	Redwood Rm., G	Rec. Dept.
12:30 p.m.	Chess Play	Chess Room, D	Chess Club
1 p.m.	Mat Science	Modular, DV	Rec. Dept.
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
2 p.m.	Folk Dancing	Modular, DV	Folk Dancers
3:45 p.m.	Chair Challenge	Modular, DV	Rec. Dept.
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.

Calendar information is provided to the News by Room Reservations at the Recreation Department.

Residents or groups who would like to make changes to the listing should contact Room Reservations at 988-7780 or 988-7781.

TUESDAY, JULY 25

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Strength Class	Modular, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen	Diablo Room, H	Luk Tung Kuen
7 a.m.	Mat Pilates	Modular, DV	Rec. Dept.
8 a.m.	Tai Chi	Diablo Room, H	Rec. Dept.
8:30 a.m.	Aerobic Dance	Modular, DV	Rec. Dept.
9 a.m.	Qi Gong	Club Room, C	Chinese/American Club
9 a.m.	Pinochle	MPR 2, G	Pinochle Mens & Womens
9 a.m.	Open Bocce Play	Bocce Courts, H	Bocce Club
9:30 a.m.	Zumba Club	Modular, DV	Dance, Fitness & Resource
9:30 a.m.	Sing for Joy	MPR 1, G	Sing for Joy
9:30 a.m.	Creative Beading	Sewing Room, G	Sewing Arts Club
10 a.m.	Tai Chi Chih Beg.	Diablo Room, H	Tai Chi Chih Club
10 a.m.	Sign Language Club	Pine Room, H	Rec. Dept.
10 a.m.	Open Tennis	Buckeye Tennis Courts, B	Tennis Club
10:30 a.m.	Ballet Club	Modular, DV	Silver Swans Ballet Club
11:15 a.m.	Tai Chi Chih Continuing	Diablo Room, H	Tai Chi Chih Club
Noon	Mah Jiang	MPR 1, 2, G	Chinese/American Club
12:15 p.m.	Gentle Yoga	Diablo Room, H	Rec. Dept.
12:30 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
1 p.m.	Cards/Canasta Play	Eisenhower Room, D	Afr-Americans & Friends
1:25 p.m.	Active Yoga	Diablo Room, H	Rec. Dept.
1:30 p.m.	Memory Fit	Modular, DV	Rec. Dept.
2:30 p.m.	Hot Flashers Tap	Diablo Room, H	Rec. Dept.
2:30 p.m.	Tai Chi Wu Shu	Modular, DV	Chinese/American Club
3 p.m.	Meeting	Fireside Room, G	Financial Forum
4 p.m.	Social Dance Club	Diablo Room, H	Social Dance Club
4 p.m.	Moving 2 Music Jazzercise	Modular, DV	Moving To Music
5 p.m.	Overeaters Anonymous	Garden Room, D	Rec. Dept.
5 p.m.	Aquacise	Pool, D	Rec. Dept.
6 p.m.	Kettlebell	Modular, DV	Rec. Dept.
6 p.m.	Partnership Bridge	Oak Room, G	Bridge, Partnership
7 p.m.	Moving 2 Music	Modular, DV	Moving To Music
7 p.m.	Supervised Bridge	MPR 1, 2, G	Supervised Bridge
7 p.m.	Shakespeare Movie	Peacock Hall, G	Shakespeare Society

WEDNESDAY, JULY 26

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Group Cycle	Modular, DV	Rec. Dept.
7 a.m.	Abs / Back	Modular, DV	Rec. Dept.
7:30 a.m.	Rhythmrobics	Modular, DV	Rec. Dept.
8 a.m.	Qi Gong	Diablo Room, H	Chinese/American Club
8 a.m.	Deep Water Aerobics	Pool, H	Rec. Dept.
8:45 a.m.	Strength	Modular, DV	Rec. Dept.
9 a.m.	Mens Interclub	Buckeye Tennis, B	Tennis Club
9 a.m.	Keeping Fit	Vista Room, H	Rec. Dept.
9 a.m.	Brown Baggers	Garden Room, D	Domino Club
9 a.m.	Open Bocce Play	Bocce Courts, H	Bocce Club
9 a.m.	Knitters Group	Sewing Room, G	Sewing Arts Club
9:30 a.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate
10 a.m.	Spotlight	Fireside Room, G	Rec. Dept.
10 a.m.	Muscle Movers	Modular, DV	Rec. Dept.
10 a.m.	Tai Chi	Vista Room, H	Rec. Dept.
10 a.m.	Chess Play	Chess Room, D	Chess Club
10 a.m.	Free Tennis Clinic	Buckeye Tennis Courts, B	Tennis Club

10 a.m.	Water Exercise	Pool, H	Rec. Dept.
11 a.m.	Rotary Luncheon	Diablo Room, H	Rotary Club
11 a.m.	Gentle Yoga	Modular, DV	Rec. Dept.
11 a.m.	Qi Gong	Vista Room, H	Rec. Dept.
11:15 a.m.	Joint Efforts	Dv/Pool, DV	Rec. Dept.
Noon	TLC Yoga	Modular, DV	Rec. Dept.
Noon	Voice Class	Las Trampas, H	Community Chorus
1 p.m.	Board Meeting	MPR 3, G	Pickleball Club
1 p.m.	Partnership Bridge	Oak Room, G	Bridge
1:30 p.m.	Rehearsal	Las Trampas, H	Community Chorus
1:30 p.m.	Buoyant Balance	Pool, D	Rec. Dept.
2 p.m.	Folk Dancing	Modular, DV	Folk Dancers
3:30 p.m.	Spanish Conversation	Bunker Room, C	La Charla
3:45 p.m.	Ukulele Practice	Las Trampas, H	Rossmoor Ukulele Club
4 p.m.	Dixiland Jazz Club Event	Entire Clubhouse, EC	Dixieland Jazz
4 p.m.	Phone Bank	Oak Room, G	Democrats
4 p.m.	Bible Study	MPR 1, G	Chinese/American Club
4 p.m.	Art House Movie	Peacock Hall, G	Rec. Dept.
4:30 p.m.	Tai Chi	Diablo Room, H	Chinese/American Club
4:30 p.m.	Mindful Mat	Modular, DV	Rec. Dept.
5:30 p.m.	Restorative Yin Yoga	Modular, DV	Rec. Dept.
6:30 p.m.	Aquacise	Pool, H	Rec. Dept.
7 p.m.	AA Meeting	MPR 1, G	Rec. Dept.
7 p.m.	Art House Movie	Peacock Hall, G	Rec. Dept.

THURSDAY, JULY 27

TIME	EVENT	LOCATION	ORGANIZATION
6 a.m.	Strength Class	Modular, DV	Rec. Dept.
7 a.m.	Luk Tung Kuen	Diablo Room, H	Luk Tung Kuen
7 a.m.	Mat Pilates	Modular, DV	Rec. Dept.
8:30 a.m.	Aerobic Dance	Modular, DV	Rec. Dept.
9 a.m.	Open Bocce Play	Bocce Courts, H	Bocce Club
9 a.m.	Master Swim	Pool, H	Silver Bullets Swim Club
9 a.m.	Stitchers	Sewing Room, G	Sewing Arts Club
9:30 a.m.	Zumba Club	Modular, DV	Dance, Fitness & Resource
9:30 a.m.	Domino Lessons	Oak Room, G	Domino Club
10 a.m.	Open Tennis	Buckeye Tennis Courts, B	Tennis Club
11 a.m.	Light Strength	Modular, DV	Rec. Dept.
Noon	Mat Science	Modular, DV	Rec. Dept.
Noon	Rummy Cube	Pine Room, H	Afr-Americans & Friends
1 p.m.	Chinese Folk Dance	Modular, DV	Chinese Performing Arts
1 p.m.	Movie	Peacock Hall, G	Rec. Dept.
1 p.m.	Writers Club Meeting	MPR 1, G	Writers Group
1 p.m.	Partnership Bridge	Oak Room, G	Bridge
1 p.m.	Thursday Scrabble Play	MPR 3, G	Scrabble Club
2 p.m.	Line Dancing	Diablo Room, H	Line Dance
2 p.m.	Parkinson Group	Modular, DV	Rec. Dept.
3 p.m.	Hula Club	Modular, DV	Hawaii State
4 p.m.	Writers Club Meeting	MPR 1, 2, G	Writers Group
4 p.m.	Movie	Peacock Hall, G	Rec. Dept.
5 p.m.	General Meetings	Entire Clubhouse, EC	Democrats
5 p.m.	Group Cycle	Modular, DV	Rec. Dept.
5 p.m.	Aquacise	Pool, D	Rec. Dept.
6 p.m.	Strength Yoga	Modular, DV	Rec. Dept.
7 p.m.	Moving 2 Music	Modular, DV	Moving To Music
7 p.m.	Sing for Joy	MPR 3, G	Sing for Joy
7 p.m.	Movie	Peacock Hall, G	Rec. Dept.
7 p.m.	Duplicate Bridge	Oak Room, G	Bridge, Duplicate