

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING

WEDNESDAY, NOVEMBER 12, 2014, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, November 12, 2014, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Nancy Gracey Moschel, Secretary, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp, Sherry S. Smith, and Alice S. Lau, GRF representative and ex-officio member. Also attending were Diane C. Guilfooy, President, GRF; Warren T. Salmons, CEO; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and two residents.

Attendance

The Chairman introduced and welcomed new member Edson Montgomery. She noted that he had given her information about senior playgrounds, which she circulated to the Committee.

New
Member
Introduced

The report of the Committee's meeting of October 8, 2014, was accepted as presented.

Report
Approved

The Chairman reported there were 13,225 visits to the Fitness Center in October.

Chairman's
Report/

Ms. Henzel reported that all equipment is operating and that arrangements are in progress to create a third pickle ball court.

Staff
Report

Ms. Leonard reported that articles have been submitted for publication on staff uniforms, the Holiday Challenge, and the Wall of Fame.

Publicity
Subcom-
mittee/

An email was distributed from Barbara A. Ruvolo, a resident, who suggested proceeding with electronic entry control at Del Valle.

Corres-
pondence

The Committee reviewed and commented on the preliminary report of the Personal Trainer Survey.

Personal
Trainer
Survey/

The Committee then reviewed and discussed the report of the October 14th meeting of the Joint Subcommittee of the Aquatics Advisory and Fitness Center Advisory Committees. The report was directed to guest use of facilities and controlled access at the Del Valle Clubhouse. It was noted that guest fees could help finance the cost of controlled access. It was also suggested that Del Valle be referred to as the "Del Valle Complex for Fitness, Aquatics, and Sports" so that residents better understand the scope of the facility. It was announced that the Joint Subcommittee will meet on Thursday, November 20th, at 1:00 p.m. in the Vista Room at Hillside Clubhouse.

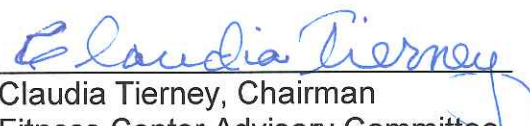
Joint
Subcom-
mittee
Report

Ms. Guilfooy reported that the GRF Board of Directors will be considering a revised RFP
RFP (Request for Proposal) for the Del Valle renovation at its next meeting on Update
December 4, 2014.

The next regular meeting of the Committee will be on Wednesday, January 14, Next Mtg.
2015, at 9:30 a.m. in the Fairway Room at Creekside Clubhouse. 1/14/15

The meeting was adjourned at 10:50 a.m.

Adjourn-
ment



Claudia Tierney, Chairman
Fitness Center Advisory Committee

NGM/kv

Attachment: Fitness Statistics