

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, JANUARY 14, 2015, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, January 14, 2015, in the Fairway Room at the Creekside Clubhouse.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Nancy Gracey Moschel, Secretary, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp, Sherry S. Smith, and Alice S. Lau, GRF representative and ex-officio member. Also attending were Diane C. Guilfooy, President, Geri Pyle, Vice President, GRF; Warren T. Salmons, CEO; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and two residents.

Attendance

The report of the Committee's meeting of November 12, 2014, was accepted as presented.

Report
Approved

The Chairman reported there were 12,663 visits to the Fitness Center in December 2014 and about 155,000 visits for 2014.

Chairman's
Report

Ms. Henzel reported that all equipment is operating and two new pieces of equipment are in place. She also reported that authorized increases in staff have been filled with three new front desk employees and three new floor staff.

Staff
Report

Ms. Leonard reported that articles are in process about the new staff, a basketball league and walking in winter. In addition, she mentioned that she would like to see a new chairman take on future efforts for the Publicity Subcommittee

Publicity
Subcom-
mittee

During Residents' Forum, Roxanne Stallings addressed the following: 1) the need to organize residents' written comments from the recent Fitness Center survey, 2) cleanliness, especially in the Shasta Room, 3) bikes in the aerobics room, and 4) the cost effectiveness of contract vs. staff for small group training. Jiayi Zhou questioned the reasons for guest fees and supported the use of finger recognition technology vs. key tags.

Residents'
Forum

Following discussion, a motion was made by Ms. Moschel and seconded by Mrs. Smith to recommend to the GRF Board to implement a \$5 Guest Use Fee for the Del Valle Complex at the appropriate time. A vote on the motion was taken, and the motion CARRIED, with Mr. Montgomery voting no.

Recom-
mendations
to GRF
Board Re.
Guest Use
Fee and
Access
Control

Following discussion, a motion was made by Mrs. Smith and seconded by Ms. Rapp to recommend to the GRF Board to implement the Active Net Membership Module with access control using key tags for the Del Valle Complex. A vote on the motion was taken, and the motion CARRIED UNANIMOUSLY.

Items suggested for future meeting agendas included: 1) what kind of data needs to be collected on an ongoing basis, which would not be available via a basic access control system and class sign-in sheets, 2) change policy to exclude guests participating in Fitness Center classes, and 3) custodial services at the Fitness Center.

Future
Agenda
Items
Suggested

The next regular meeting of the Committee will be on Wednesday, February 11, 2015, at 9:30 a.m. in the Board Room at Gateway Complex.

Next Mtg.
2/11/15

The meeting was adjourned at 11:05 a.m.

Adjourn-
ment


Claudia Tierney, Chairman
Fitness Center Advisory Committee

NGM/kv