

A G E N D A

FITNESS CENTER ADVISORY COMMITTEE

REGULAR MEETING

WEDNESDAY, JANUARY 13, 2016, 9:30 AM

FAIRWAY ROOM AT CREEKSIDE CLUBHOUSE

1. MEETING CALLED TO ORDER: Claudia Tierney, Chairman
2. ROLL CALL: Tierney, Leonard, Smith, Green, Herdering, Montgomery, Rapp, and Fredlund, ex-officio member
3. APPROVAL OF REPORT OF NOVEMBER 12, 2015 (Attachment)
4. CHAIRMAN'S REPORT
 - a. Monthly attendance reports for December 2015 (Hand-out at meeting).
5. CORRESPONDENCE AND ANNOUNCEMENTS
6. STAFF REPORTS
 - a. Equipment repair and maintenance.
7. SUB-COMMITTEE REPORTS
8. RESIDENTS' FORUM

FCAC will follow Rossmoor custom and limit comments to 3 minutes.
9. UNFINISHED BUSINESS
 - a. Consider reforming the Joint Subcommittee with the AAC to continue discussions regarding the implementation of a guest fee for Del Valle. (Attachment)
 - b. Update regarding the Del Valle renovation project.
10. NEW BUSINESS
 - a. Presentation by Friends of Rossmoor Club.
 - b. Review of class schedule for winter 2016.
11. ADJOURNMENT
12. NEXT MEETING: Wednesday, February 10, 2016, at 9:30 a.m. in the Board Room at Gateway Complex

CT/kv

cc: GRF Board

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
THURSDAY, NOVEMBER 12, 2015, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Thursday, November 12, 2015, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Sherry S. Smith, Secretary, Catherine S. Herdering, Edson L. Montgomery, and Melvin C. Fredlund, GRF Board representative and ex-officio member. Carol A. Green and Virginia Lee Rapp were excused. Also attending were Leslie Birdsall, President, and Geraldine Pyle, Director, GRF; Jeffrey P. Matheson, Director of Resident Services; and one resident.

Attendance

The report of the Committee's regular meeting of October 21, 2015, was approved as presented.

Report
Approved

The Chairman reported that there were 13,759 visits to the Fitness Center in October. Mr. Matheson reported that 1,200 key tags have been distributed thus far. The tally of the total visits in October represents a combination of residents signing in and those using the key tags.

Chairman's
Report

Ms. Herdering announced that Friends of the Rossmoor Community is a new club being formed with the initial goal of raising money to assist in financing the renovation of the Del Valle Complex.

New Club
Forming

Ms. Smith reported that one of the recently purchased reconditioned True Elliptical machines in the entry way is not working properly. Other than that, Mr. Matheson said that all other equipment is in good working order.

Staff
Report

A discussion ensued regarding the recommendation to add a facility use fee for clubs that sponsor fee based classes and lessons at Del Valle. Given the many clubs and various iterations, Ms. Herdering requested a list of all the different clubs using GRF facilities to also include information on the teachers (whether contract, hired by the Club, or taught by a resident).

Facility Use
Fee
Discussion

The Chairman commended the list of Fitness Center accomplishments of 2015 and goals for 2016.

2015
Accomplish-
ments and
2016 Goals

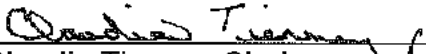
Fitness Center Advisory Committee
Regular Meeting

November 12, 2015

The meeting was adjourned at 10:25 a.m.

Adjourn-
ment/
Next Mtg.
1/13/16

The next regular meeting of the FCAC will be held on Wednesday, January 13, 2016, at 9:30 a.m. in the Board Room at Gateway Complex.



Claudia Tierney, Chairman
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics

**SUMMARY REPORT
GOLDEN RAIN FOUNDATION
FITNESS CENTER ADVISORY COMMITTEE**

REPORT PREPARED BY:

Jeff Matheson, Director of Resident Services

REQUESTED ACTION/RECOMMENDATION:

Discussion regarding the reformation of a Joint AAC and FCAC Subcommittee to discuss guest fees for Del Valle.

BACKGROUND:

In late 2014 and early 2015 the FCAC and AAC formed a joint subcommittee to discuss the possible implementation of a guest use fee for Del Valle. A recommendation was made by the FCAC to implement a \$5.00 per visit guest fee while the AAC recommended the Board implement a fee however not at that time. The GRF Board considered the fee and decided to return the item to the Committees for further discussion.

The Joint Subcommittee held its first meeting on October 14, 2014. The Subcommittee was provided the following information concerning Guest use of Del Valle:

Guest USE:

- For both the pools at Del Valle and the Fitness Center, guests are permitted as long as they are accompanied by a resident. Both the pool rules and the fitness rules address guest policy.
- Residents may bring as many guests as they like.
- Residents may bring guests as frequent as they like.
- Residents may bring guests to classes.
- Guests may not sign-up for nor attend a class or club event without being a guest of a resident.
- Guests must leave the facility when their host resident leaves.
- Each month approximately 150-250 guests sign in to Del Valle pools and 300-400 to the fitness center.
- The current Guest Policy allows the GRF Board to charge a fee.

Consideration:

- Should a guest fee be charged?
- Are there alternatives such as allowing guests during certain times of day?
- How will a guest fee be collected (location, staffing, process)?

- Are all guests the same?
- Should residents have some annual guest passes?
- If paying, should a guest still need to be with a resident host?
- Other

After some discussion the Subcommittee was in favor of recommending a guest fee be implemented. The Subcommittee discussed options such as restricting time of day, providing residents with a limited number of guest passes on an annual basis, not charging immediate family members, etc. The Subcommittee concluded that a guest fee should be collected from all guests without condition. They discussed a simple process that is the same for all would be the most effective. The Subcommittee felt implementation would need to wait until the front desk is fully staffed and a controlled access system in place.

Prior to taking formal action it is recommended that the FCAC and AAC jointly review the issues and options in order to provide one unified recommendation to the Board.

ALTERNATIVES AND OPTIONS:

Decide not to reform the Joint Subcommittee.

ATTACHMENTS:

None