

# A G E N D A

## AQUATICS ADVISORY COMMITTEE

### REGULAR MEETING THURSDAY, MAY 12, 2016, AT 1:30 P.M. **BOARD ROOM – GATEWAY COMPLEX**

1. MEETING CALLED TO ORDER: Brian Stack, Chairman
2. ROLL CALL: Stack, Morton, Reynolds, Gorsuch, Koch, and Meehan
3. APPROVAL OF REPORT OF APRIL 14, 2016 (ATTACHMENT)
4. RESIDENTS' FORUM  
  
AAC will follow Rossmoor custom and limit comments to 3 minutes.
5. CHAIRMAN'S REPORT
6. COMMITTEE REPORTS
  - a. Publicity
7. CORRESPONDENCE AND ANNOUNCEMENTS
  - a. The next Swimming Saves Lives program is tentatively scheduled for May 16-20.
8. ATTENDANCE REPORTS
  - a. April 2016 attendance (Attachments)
9. UNFINISHED BUSINESS
  - a. Update regarding the Del Valle Renovation project.
  - b. Consider recommendation from the Joint FCAC and AAC Subcommittee regarding guest fees for Del Valle, to postpone further consideration until after the renovation is complete. (Attachment)
10. NEW BUSINESS
11. ADJOURNMENT
12. NEXT MEETING:  
  
The next meeting of the AAC will be held on Thursday, June 9, 2016, at 1:30p.m. in the Board room at Gateway Complex.

BKS/kv  
cc: GRF Board

## AQUATICS ADVISORY COMMITTEE REPORT

REGULAR MEETING  
THURSDAY, APRIL 14, 2016, AT 1:30 P.M.

A regular meeting of the Aquatics Advisory Committee (AAC) was called to order by the Chairman, Brian K. Stack, at 1:30 p.m. on Thursday, April 14, 2016, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Judith L. Morton, Vice Chairman, Dale O. Reynolds, Secretary, Norman P. Gorsuch, E.J. Koch, Carol A. Meehan, and Barbara S. Jordan, GRF Board representative and ex-officio member. Also attending were Leslie Birdsall, President, Mary Lou Delpach, Secretary, and Robert D. Kelso, Director, GRF; and Jeffrey P. Matheson, Director of Resident Services.

The report of the Committee's regular meeting of March 10, 2016, was approved as presented. Report Approved

Mr. Matheson commented on the pool numbers. Dollar Pool was down 35.12%; Hillside was down 43.86%; Del Valle was down 3.11%; and overall pool numbers were down 17.48%. Mr. Matheson thought Dollar and Hillside were down because of the weather in March as it was our first rainy March in many years. He commented that the Del Vale pool numbers might be skewed because people were checking in at the Fitness Center front desk as opposed to going directly into the Del Valle pool area. Pool Numbers

Mr. Matheson gave a presentation to the Committee regarding the schematic plans for the Del Valle renovation project. Del Valle Renovation Project/

Following discussion, a motion was made by Ms. Meehan and seconded by Ms. Morton to recommend that the GRF Board approve the schematic plans for the Del Valle renovation project, including the alternate options, to the extent the items are within the overall target budget of \$10 million. The vote on the motion was taken, and the motion CARRIED UNANIMOUSLY.

Recommendation to GRF Board re. Del Valle Schematic Plans/  
Adjournment

There being no further business, the meeting was adjourned at 2:30 p.m.

The next regular meeting of the ACC will be held on Thursday, May 12, 2016, in the Board Room Gateway Complex. Next Mtg. 5/12/16

Brian K. Stack,  
Brian K. Stack, Chairman PJ  
Aquatics Advisory Committee

**ANNUAL POOL ATTENDANCE NUMBERS**

**DOLLAR POOL**

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2010			158	1095	1294	1802	2335	2171	1915	1539		
2011				1247	1326	1595	1751	1754	1883	1742		
2012				1241	1785	1824	2238	2190	1964	1559		
2013			780	1774	2033	2057	1627	1423	1661	1612	1043	
2014			1362	1771	2,180	2516	2,489	2,505	2,191	1916	1034	
2015			1532	1,572	1,252	2012	1,849	2,179	1,907	1,750	791	
2016			994	1,698								

Yr-Yr % change -35.12% 8.02%

**HILLSIDE POOL**

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2010				282	1378	2046	2491	2089	1933	1278		
2011				1042	1369	1975	2958	2431	2199	1403		
2012				1371	1762	2344	2719	2768	2895	1604		
2013			561	1734	2109	2645	2863	2803	2027	1593	539	
2014			1243	1855	2,290	2890	2,951	2,778	2,247	1885	922	
2015			1710	1,432	1,161	2497	2,855	2,869	1,833	2,008	487	
2016			960	1,795								

Yr-Yr % change -43.86% 25.35%

**DEL VALLE POOL**

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2010	5404	5127	5858	4813	4356	4467	5280	4981	4852	4488	5366	4850
2011	5609	5135	6004	4591	3802	5142	5617	5301	4625	4480	5901	5305
2012	6160	6062	6418	5014	4921	5154	5863	6301	5431	5182	6191	5656
2013	6506	6021	6206	5545	4746	5367	6257	5934	5195	5166	5209	5708
2014	6681	6,306	5919	5339	5,323	4311	5,832	5,910	5,623	5541	5259	6209
2015	6818	6,615	5021	5,573	5,602	5708	5,861	6,272	5,666	5,161	5314	5,400
2016	6,245	6,215	4865	4,053								

Yr-Yr % change -3.11% -27.27%

**TOTAL FOR ALL POOLS**

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2010	5404	5127	6016	6190	7028	8315	10106	9241	8700	7305	5366	4850
2011	5609	5135	6004	7102	6497	8712	10326	9486	8707	7625	5901	5305
2012	6160	6062	6418	7626	8468	9322	10820	11259	10290	8345	6191	5656
2013	6506	6021	7547	9053	8,888	10069	10747	10160	8883	8371	6791	5708
2014	6681	6306	8524	8,965	9,793	9717	11,272	11,193	10,061	9,342	7215	6209
2015	6818	6615	8,263	8,577	8,015	10,217	10,565	11,320	9,406	8,919	6592	5400
2016	6,245	6215	6,819	7,546								

Yr-Yr % change -17.48% -12.02%

2015 Cum to Mo	6818	13433	21696	30273	38288	48505	59070	70390	79796	88715	95,307	100707
2016 Cum to Mo	6,245	12,460	19,279	26825								
% Incr/Decr			-11.14%	-11.39%								

**COLOR CODES**

- DOLLAR AND HILLSIDE CLOSED FOR
- HS and Dollar pools opened March 15,
- Dollar Pool closed for construction of Event Center 7/22-8/2/2013 & 8/19-8/25/2013,
- HS closed Nov 15
- DV closed 6/23-29
- DV closed 3/23-3/27
- HS closed 9/17-9/22
- HS closed 7 days
- Began use of Keytag

**TOTAL**  
83648  
86409  
96617  
98744  
105,278  
100,707  
26,825



**DOLLAR POOL  
APRIL 2016**

	APR	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	TOTAL	Last 30min.
FRI	1	4	6	3	1	7	8	0	7	3	4	5	2	5	0	0	55	0
SAT	2	5	3	4	13	10	4	6	8	5	7	5	4	4	2	0	80	2
SUN	3	2	6	0	0	5	1	3	10	10	3	4	6	2	1	0	53	0
MON	4	3	7	2	1	8	4	5	8	8	4	4	4	5	0	0	63	2
TUE	5	6	4	1	16	11	5	6	6	10	11	6	3	0	0	0	85	0
WED	6	0	0	0	0	0	0	0	16	21	1	8	8	6	0	0	60	3
THU	7	7	7	5	19	8	0	2	5	4	3	1	2	1	0	0	64	0
FRI	8	2	3	2	0	2	1	0	0	2	1	6	1	2	1	0	23	1
SAT	9	2	2	0	2	1	2	0	0	0	0	3	2	4	0	0	18	0
SUN	10	0	0	0	0	2	3	1	0	0	1	1	5	1	0	0	14	3
MON	11	4	2	3	1	7	1	0	3	0	0	5	3	4	1	0	34	3
TUE	12	5	2	2	14	3	1	4	2	1	0	4	3	3	0	0	44	2
WED	13	0	0	0	0	0	0	0	13	8	3	6	1	3	0	0	34	2
THU	14	6	4	6	18	2	1	1	2	6	1	4	1	3	0	0	55	3
FRI	15	2	3	3	0	2	6	2	3	4	4	2	8	5	0	0	44	0
SAT	16	5	3	2	17	4	3	1	9	10	15	8	5	3	0	0	85	0
SUN	17	2	2	0	2	10	9	13	10	17	13	13	7	5	0	0	103	3
MON	18	4	6	2	2	5	8	10	8	7	7	14	5	4	0	0	82	0
TUE	19	8	2	3	17	6	8	2	6	15	5	4	3	4	1	0	84	2
WED	20	0	0	0	0	0	0	0	16	6	7	11	7	3	0	0	50	1
THU	21	6	4	6	15	3	2	4	4	5	3	3	5	3	0	0	63	0
FRI	22	4	4	4	1	3	1	1	1	1	5	2	1	4	1	0	33	2
SAT	23	6	8	5	17	1	0	5	8	13	5	6	3	2	0	0	79	2
SUN	24	7	1	3	7	4	6	3	5	9	6	3	2	2	0	0	58	0
MON	25	5	7	1	1	0	2	4	5	3	6	3	8	3	1	0	49	3
TUE	26	6	5	6	10	4	0	6	1	1	0	9	3	3	0	0	54	4
WED	27	0	0	0	0	0	0	0	2	2	3	3	4	4	1	0	19	4
THU	28	8	6	3	16	1	7	3	7	7	10	0	9	2	0	0	79	4
FRI	29	2	8	2	2	4	2	4	5	4	5	2	3	5	1	0	49	1
SAT	30	4	4	2	16	3	7	10	3	8	6	9	8	2	3	0	85	3
<b>Total</b>		<b>115</b>	<b>109</b>	<b>70</b>	<b>208</b>	<b>116</b>	<b>92</b>	<b>96</b>	<b>173</b>	<b>190</b>	<b>139</b>	<b>154</b>	<b>126</b>	<b>97</b>	<b>13</b>	<b>0</b>	<b>1,698</b>	
<b>GUESTS</b>			<b>65</b>															
<b>CAREGIVERS</b>			<b>4</b>															

**HILLSIDE POOL  
APRIL 2016**

5/6/2016

	APR	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	TOTALS	ADULT	KIDS	19:30	
FRI	1	5	13	2	1	3	3	5	8	6	7	3	2	0	0	58	1	1	0	
SAT	2	4	1	3	1	5	3	8	6	8	7	8	4	1	1	60	4	4	1	
SUN	3	4	4	1	2	0	8	5	6	8	8	4	2	4	1	57	15	10	3	
MON	4	5	13	11	2	7	13	5	11	7	4	5	3	4	0	90	4	10	1	
TUE	5	0	0	0	0	0	0	0	15	10	9	10	2	4	2	52	2	0	1	
WED	6	8	14	0	1	13	12	9	11	13	12	6	6	6	1	112	17	18	4	
THU	7	5	2	9	4	5	10	2	2	3	3	6	5	2	0	58	7	7	1	
FRI	8	6	13	1	0	4	1	1	1	3	1	2	1	0	1	35	0	0	0	
SAT	9	1	3	0	1	1	0	2	1	2	3	1	0	0	1	16	2	0	2	
SUN	10	3	1	1	1	2	0	3	1	1	1	1	0	2	1	18	4	0	2	
MON	11	4	6	12	1	6	2	4	5	1	0	3	2	1	2	49	1	0	1	
TUE	12	0	0	0	0	0	0	0	4	1	1	3	2	0	0	11	1	0	0	
WED	13	5	15	3	0	5	1	1	4	9	5	5	4	0	0	57	3	1	0	
THU	14	2	3	11	2	7	2	4	0	2	1	3	3	5	1	46	4	2	3	
FRI	15	7	13	2	0	4	2	7	9	3	6	6	3	2	0	64	4	3	0	
SAT	16	3	3	7	4	3	5	7	15	12	18	6	7	3	2	95	12	10	0	
SUN	17	5	2	4	3	5	17	26	11	21	15	9	8	8	2	136	53	39	0	
MON	18	4	19	14	1	8	2	10	23	6	11	7	10	6	0	121	6	2	2	
TUE	19	0	0	0	0	0	0	0	17	5	9	5	1	4	0	41	5	0	2	
WED	20	4	20	1	1	6	3	2	9	5	9	5	3	3	1	72	4	0	4	
THU	21	4	5	16	1	7	0	3	6	5	4	6	3	2	0	62	3	0	1	
FRI	22	7	6	4	4	4	2	0	3	2	2	3	1	0	1	39	1	0	1	
SAT	23	4	2	5	3	6	3	2	10	5	11	4	2	4	0	61	8	5	0	
SUN	24	8	3	4	4	4	4	7	2	5	6	5	7	3	0	62	16	11	0	
MON	25	4	8	12	3	4	4	2	5	7	1	4	2	2	0	58	3	3	0	
TUE	26	0	0	0	0	0	0	0	8	0	3	9	4	3	0	27	1	0	1	
WED	27	5	17	6	1	1	1	0	1	2	1	3	3	0	0	41	4	2	0	
THU	28	3	3	8	2	8	3	7	10	8	9	5	2	1	0	69	6	2	0	
FRI	29	6	18	2	1	5	4	4	11	8	2	6	1	1	0	69	1	0	0	
SAT	30	4	3	1	0	2	7	9	8	12	8	1	1	1	2	59	21	13	4	
																		213	143	
<b>TOTAL</b>		<b>120</b>	<b>210</b>	<b>140</b>	<b>44</b>	<b>125</b>	<b>112</b>	<b>135</b>	<b>223</b>	<b>180</b>	<b>177</b>	<b>144</b>	<b>94</b>	<b>72</b>	<b>19</b>	<b>1795</b>				
<b>ADULT GUESTS</b>			<b>213</b>																	
<b>CHILDREN</b>			<b>143</b>																	
<b>CAREGIVERS</b>			<b>4</b>																	

From: [Masha Henzel](#)  
 To: [Paulette L. Jones](#); [Kim Von Striver](#)  
 Cc: [Jeffrey Matheson](#)  
 Subject: April 2016 H2O stats  
 Date: Tuesday, May 03, 2016 11:08:49 AM

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## AQUATICS CLASSES STATS

### APRIL 2016

#### Monday

*8:30am class	total = 33	avg = 16	
*10:00am class	total = 96	avg = 32	
11:00am class	total = 128	avg = 32	
12:00pm class	total = 86	avg = 22	
7:00pm class	total = 97	avg = 24	

#### Tuesday

5:00pm class	total = 65	avg = 16	
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#### Wednesday

*8:30am class	total = 58	avg = 15	
*10:00am class	total = 91	avg = 30	
11:00am class	total = 124	avg = 31	
12:00pm class	total = 96	avg = 24	
1:30pm class	total = 35	avg = 9	35 total APR
7:00pm class	total = 78	avg = 20	

#### Thursday

5:00pm class 4/21]	total = 47	avg = 16	112 total APR [pool closed
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#### Friday

*8:30am class	total = 77	avg = 116	168 total APR*
*10:00am class	total = 116	avg = 29	303 total APR*
11:00am class	total = 100	avg = 25	406 total APR
12:00pm class	total = 58	avg = 15	235 total APR
7:00pm class 4/22]	total = 63	avg = 16	238 total APR [pool closed

#### Saturday

1:00pm class 4/23]	total = 55	avg = 14	55 total APR [pool closed
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**TOTAL = 1,552**

**\*471 are in classes taught by independent contractors**

**1,081 are in classes taught by fitness staff**

*Masha Henzel*

Supervisor, Del Valle Aquatics, Sports & Fitness Complex

1751 Tice Creek Drive

Walnut Creek, CA 94595

925-988-7850 front desk

925-988-7851 office

**SUMMARY REPORT  
GOLDEN RAIN FOUNDATION  
AQUATICS ADVISORY COMMITTEE**

**REPORT PREPARED BY:**

Jeff Matheson, Director of Resident Services

**REQUESTED ACTION/RECOMMENDATION:**

Consider recommendation from the Joint Subcommittee to postpone further discussion of guest fees until after the renovation project is completed.

**BACKGROUND:**

In January the FCAC and AAC voted to re-form a Joint Subcommittee to discuss options for guest fees at Del Valle. The Joint Subcommittee met three times. The Subcommittee discussed:

- A. Current issues created by guest use.
- B. The impact of a potential guest fee on classes and clubs using Del Valle.
- C. Operational issues involved with collecting a guest fee.

In discussing these topics the committee reviewed data regarding current guest use, reviewed data collected from other active senior communities, and collected and reviewed data from Clubs and class instructors. Attached is a summary of the data collected and reviewed.

After three meetings the Subcommittee concluded that it would be best to wait until after a renovation is completed and further information was gathered regarding actual guest use. The Subcommittee did feel that the rules could be amended to reflect that residents have priority when it comes to class participation. If space is limited for a class, residents should have priority. The Fitness Rules will need to be amended to reflect this. The Pool Rules already state that guests must share lanes if a resident is waiting.

**ALTERNATIVES AND OPTIONS:**

- Decide to accept the recommendations from the Joint Subcommittee.
- Decide to recommend to the GRF Board a fee be implemented sooner.

**ATTACHMENTS:**

- 1) Summary of data collected regarding other active senior communities
- 2) Summary of data collected from instructors and Rossmoor Clubs



## Controlled Access, Guest, Software, Comparison

**9b-2**

<u>Property</u>	<u>Guest Fee</u>	<u>Controlled Access</u>	<u>Software Program</u>
Seal Beach	Guest not allowed at most facilities	Staff attendant	NA
Sun City Texas	Members allowed 20 guest passes per year. Guest passes are loaded on member profile.	Members provide login number to access their profile	Jonas- do not like
Holiday Heights, NJ	No guest fee	Members are issued two resident badges and two guest badges. Badges must be worn at facilities	TOPS
Sun City Lincoln Hills	No fee if guest is with resident member. Resident members may purchase a guest pass for \$7 which allows guest to attend without being accompanied	Finger vein readers pull up member profile and tracks usage at facilities	Vermont Systems Rec Trac Like
Sun City Roseville	Residents provided 12 free per year. After that the fee \$2/visit or a punch card of 12 for \$20. Unescorted is allowed if resident purchases card in advance for \$5	Residents have ID cards. They scan card upon entry to fitness center	Jonas does not meet needs
Laguna Woods	Fees are charged for different facilities. Fitness center is \$3.00. Residents can sign in guests and then leave or with a doctors note a resident can be issued a privilege pass they can then give to their guest for access	Residents have ID card with barcode that is scanned by staff upon entry to fitness center	Active and Microsoft Access
Oakmont	Guests must have access card or be with resident. No guest fees charged	Facilities are controlled. Resident must swipe access card to unlock doors. Doors stay open too long and multiple people come in	DSX for access control. ASYST data system for other.
Villages	No guest fee. If sponsored by a resident, guest may use some facilities without being accompanied by a resident. For other facilities the guest must be with a resident. No guests are allowed in fitness center	Residents have ID cards that unlock doors. To prevent multiple residents from entering they have adopted rules requiring each resident to swipe a card before entering.	Event Management System and Eventbrite for tickets

Fitness Center Club and Independent Instructors  
Guest Attendance Information

9b-3

Club/class	Non-Res Participants	Class Fee	Higher non-resident fee	Club membership required	Would guest fee impact class	Non-Residents required for class success
Pickleball	No	No	No	Yes	No	No
Qi Qong	Yes	Yes	Yes	Yes	No	No
Yoga Contract Instruc	Rarely	Yes	No	NA	No	No
ZUMBA	Yes	Membership	No	Yes after 2-3 times	No	No
Round dance	Yes	Yes	Yes	No	Yes	Yes
Yoga contract Instruc	Yes	Yes	No	NA	Yes	No
Tai Chi	No	Yes	No	Yes	No	No
Yoga contract instruct	Yes	Yes	No	NA	No	No
Silver Swan	Rarely	No	No	Yes after 1 visit	No	No
Keeping Fit	Never					
Moving to Music	Occasional	No	No	Yes, after 3 visits	May discourage member from bringing guest	No
Hula	Yes	No	No	Yes	Probably Not	No

Attachment 2