

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, NOVEMBER 9, 2016, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, November 9, 2016, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Charlotte A. Howard, Barbara Leonard, Virginia Lee Rapp, and Melvin C. Fredlund, GRF representative and ex-officio member. Also attending were Mary Lou Delpech, Secretary, and Geraldine Pyle, Director, GRF; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; Fred Ponce, Construction Project Manager for the Del Valle Complex Renovation Project; and two residents.

Attendance

The report of the Committee's regular meeting of September 7, 2016, was approved as written.

Report
Approved

The Chairman reported that there were 14,373 total visits to the Fitness Center for the month of October. During that time, there were a total of 19,631 visits to the entire facility. There are currently 4,428 memberships, including 93 new memberships.

Chairman's
Report

Ms. Henzel reported that one treadmill has been removed and will not be replaced before the renovation.

Staff
Report

Following up on an issue brought to the attention of the Committee by a resident regarding the Fitness Center Speaker Series, it was decided to include a disclaimer before each presentation to the effect that the presentation is not endorsed or recommended by the Fitness Center, but is intended as information only.

Fitness
Center
Speaker
Series

Mr. Matheson introduced Mr. Ponce, who described the process of getting together a project such as the Del Valle Complex Renovation Project. He anticipates that the invitations to bid will go out in December with the deadline for submitting bids in mid-January 2017. The bids will then be submitted to the GRF Board for consideration at its January meeting on the last Thursday of the month.

Update on
Del Valle
Complex
Renovation
Project

Mr. Ponce then led a lengthy presentation and discussion updating the Committee on the Del Valle Complex Renovation Project. Subjects reviewed were: controlled access system/reception desk, equipment list and layout design, review of finishes for which samples were provided, temporary facilities, classes and programs for 2017 during construction, and bid alternatives. There was also a discussion of fund raising/donor opportunities for items such as equipment. Ideas for possible forms of donor recognition, included a wall of tiles listing donors' names, were also

discussed. Ms. Rapp volunteered to assist Mr. Ponce in pursuing this idea. It was also suggested that an article be written for the Rossmoor News soliciting the volunteer assistance of professional fund raisers who live in the community.

The Chairman adjourned the meeting at 11:15 a.m.

The next regular meeting of the FCAC will be held on Wednesday, January 11, 2017, at 9:30 a.m. in the Board Room at Gateway Complex.

Adjourn-
ment/
Next Mtg.
1/11/17



Claudia Tierney, Chairman
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics