

FITNESS CENTER ADVISORY COMMITTEE REPORT  
REGULAR MEETING  
WEDNESDAY, FEBRUARY 10, 2016, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, February 10, 2016, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp; and Melvin C. Fredlund, GRF Board representative and ex-officio member. Also attending were Mary Lou Delpech, Secretary, and Geraldine Pyle, Director, GRF; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; David Petta, Principal, ELS Architecture and Urban Design (ELS); Lauren Livingston, Principal, The Sports Management Group (TSMG); and four residents. Attendance

The report of the Committee's regular meeting of January 13, 2016, was approved as presented. Report Approved

The Chairman reported that there were 15,703 visits to the Fitness Center in January. Mr. Matheson announced that there are now new statistics to include total visits for pool attendance in an effort to recognize Del Valle as a complex. The combined total for both fitness and pool attendance in January was 21,948. Chairman's Report

Ms. Henzel reported that one treadmill is not working and waiting for parts. Ms. Smith noted that this treadmill is one of only two that are comfortable for running and that it has been inoperable for an extended period of time. Staff Report

A motion was made by Ms. Smith and seconded by Ms. Green to request that the GRF Board authorize funds to purchase a new treadmill suitable for running, with Ms. Henzel to select the appropriate one. Following discussion, the vote on the motion was taken, and the motion CARRIED UNANIMOUSLY. Request to GRF Board for New Treadmill

Ms. Henzel reported that she is working on an article for the Rossmoor News to encourage the use of the bar codes. In January there were 9,414 entrances to the Fitness Center using bar codes and 5,489 entrances using the sign in sheets. Rossmoor News Article

Mr. Edson passed around a handout outlining the various sports and activities in Rossmoor where participants could benefit from the classes taught in the Fitness Center, including a list of the classes that would benefit each sport and activity. He asked for comments about it at the next meeting. Handout Re. Sports & Activities In Rossmoor

Ms. Livingston of TSMG and Mr. Petta of ELS gave a presentation regarding the design process for the renovation of the Del Valle Complex as well as a preliminary time line for the architectural design phase. It was well received and commended by the Committee.

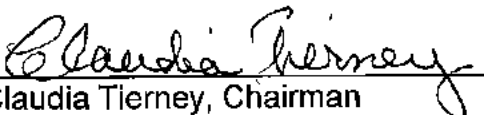
Update on  
Del Valle  
Renovation  
Design  
Process/  
Schedule  
for Pickle  
Ball Courts

Mr. Matheson updated the schedule for the use of the pickle ball courts. There are now allocated times to be used for open play (courts can be used by all residents and guests whether a member of the Pickle Ball Club or not) and other times allocated for Club members only.

The Chairman adjourned the meeting at 10:58 a.m.

Adjourn-  
ment/  
Next Mtg.  
3/9/16

The next regular meeting of the FCAC will be held on Wednesday, March 9, 2016, at 9:30 a.m. in the Board Room at Gateway Complex.

  
Claudia Tierney, Chairman  
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics