FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, APRIL 13, 2016, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, April 13, 2016, in the Fairway Room at Creekside Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp, and Melvin C. Fredlund, GRF Board representative and ex-officio member. Also attending were Leslie Birdsall, President, Barbara S. Jordan, Vice President, Mary Lou Delpesch, Secretary, and Geraldine Pyle, Richard E. Hurley, and Robert D. Kelso, Directors, GRF; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and three residents.

The report of the Committee’s regular meeting of March 9, 2016, was approved as presented.

The Chairman reported that there were 16,516 visits to the Fitness Center in February. Mr. Matheson noted that, because of the key card entry system used to enter both the Fitness Center and the pool, this number represents pool users as well.

During the Residents’ Forum, Mr. Hurley spoke about his concerns for the consideration of physically challenged residents in the planning of the renovation of the Fitness Center, as well as the need for staff to be mindful of their needs. He passed out a handout enumerating his suggestions for further consideration. There were also three additional resident speakers.

Mr. Matheson presented an explanation of the phases and attachments of the base design for the renovation of the Fitness Center and alternate items. He noted that we are currently nearing the end of Phase #1, the Schematic Design Phase, to be followed by Phase #2, the Design Development Phase. He discussed the 6 alternate items presented in an attachment. These enhancement items are not included in the base design but are offered for consideration, depending on cost outcomes.

A motion was made by Ms. Smith and seconded by Ms. Green that the FCAC recommend to the GRF Board that it approve the schematic plans for the Fitness Center renovation project, including the alternate options, to the extent the items are within the overall target budget of $10 million. A vote on the motion was taken, and the motion CARRIED UNANIMOUSLY.
The Chairman adjourned the meeting at 10:23 a.m.

The next regular meeting of the FCAC will be held on Wednesday, May 11, 2016, at 9:30 a.m. in the Board Room at Gateway Complex.

Claudia Tierney, Chairman
Fitness Center Advisory Committee

Attachment: Fitness Center Statistics