

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, MAY 11, 2016, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, May 11, 2016, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp, and Melvin C. Fredlund, GRF Board representative and ex-officio member. Also attending were Leslie Birdsall, President, Mary Lou Delpach, Secretary, GRF; Timothy O'Keefe, CEO; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and two residents.

Attendance

The report of the Committee's regular meeting of April 13, 2016, was approved as presented.

Report
Approved

The Chairman reported that there were 15,120 visits to the Fitness Center in April. Mr. Matheson noted that this number represents the total of both fitness and pool users. He also reported that there were over 12,000 key card scans recorded for April for both pool and fitness users.

Chairman's
Report

Ms. Henzel reported that all equipment is in good working order. Mr. Matheson announced that personal trainer Rachel Anderson is resigning and that interviews are underway to replace her.

Staff Reports

Regarding the status of the Del Valle Renovation Project, Mr. Matheson reported that the GRF Board of Directors approved the schematic design and budget, including the options except for moving the pool equipment, at the April Board meeting. The Board also approved the hiring of a project manager, Fred Ponce.

Update
on Del Valle
Renovation
Project

There was much discussion regarding the recommendation from the Joint FCAC and AAC (Aquatics Advisory Committee) Subcommittee to postpone further consideration of guest fees until after the renovation is complete.

Guest Fees
For Del
Valle

A motion was made by Ms. Rapp and seconded by Ms. Smith to postpone consideration of guest fees until after completion of the renovation project.

Recom-
mendation
Re. Guest
Fees for
Del Valle

Further discussion ensued after Mr. O'Keefe suggested that a plan should be decided upon before the completion so that it could be easily implemented once the renovation is completed.

A motion was made by Ms. Leonard and seconded by Ms. Green to amend the motion to have both Subcommittee groups continue discussions about the guest fee and policies such that any recommendations can be implemented with the opening of the renovated facility. The vote on the amended motion was taken, and the motion, as amended, CARRIED UNANIMOUSLY.

There was considerable discussion to consider amending the Fitness Center guidelines for use of the cardio equipment to eliminate the need to sign up for cardio equipment prior to use. It was ultimately decided to make no change at this time. However, since the rules and guidelines have not been reviewed in three years, the suggestion was made to form a subcommittee for this purpose. Ms. Rapp, Ms. Green, and Ms. Smith volunteered for the subcommittee.

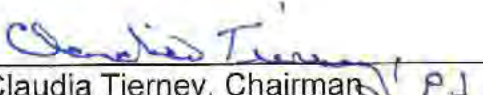
Fitness
Center
Guidelines
for Use of
Cardio
Equipment

The Chairman adjourned the meeting at 11:05 a.m.

Adjourn-
ment/

The next regular meeting of the FCAC will be held on Wednesday, June 8, 2016, at 9:30 a.m. in the Board Room at Gateway Complex.

Next Mtg.
6/8/16



Claudia Tierney, Chairman PJ
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics