

A G E N D A

FITNESS CENTER ADVISORY COMMITTEE

REGULAR MEETING MARCH 9, 2016, AT 9:30 A.M. **BOARD ROOM – GATEWAY COMPLEX**

1. MEETING CALLED TO ORDER: Claudia Tierney, Chairman
2. ROLL CALL: Tierney, Leonard, Smith, Green, Herdering, Montgomery, Rapp, and Fredlund, ex-officio member
3. APPROVAL OF REPORT OF FEBRUARY 10, 2016 (Attachment)
4. CHAIRMAN'S REPORT
 - a. Monthly attendance report for February 2016. (Attachment)
5. CORRESPONDENCE AND ANNOUNCEMENTS
6. STAFF REPORTS
 - a. Equipment repair and maintenance.
 - b. Update on recommendation to GRF Board to purchase a new treadmill.
7. SUB-COMMITTEE REPORTS
8. RESIDENTS' FORUM

FCAC will follow Rossmoor custom and limit comments to 3 minutes.
9. UNFINISHED BUSINESS
 - a. Presentation by representatives of ELS Architecture and Urban Design and The Sports Management Group regarding the design process for the renovation of the Del Valle Complex.
 - b. Update from the joint FCAC and AAC Subcommittee regarding guest fees for Del Valle.
10. NEW BUSINESS
11. ADJOURNMENT
12. NEXT MEETING: Wednesday, April 13, 2016, at 9:30 a.m. in the Fairway Room at Creekside Complex.

CT/kv
cc: GRF Board

FITNESS CENTER ADVISORY COMMITTEE REPORT
REGULAR MEETING
WEDNESDAY, FEBRUARY 10, 2016, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, February 10, 2016, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp; and Melvin C. Fredlund, GRF Board representative and ex-officio member. Also attending were Mary Lou Delpech, Secretary, and Geraldine Pyle, Director, GRF; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; David Petta, Principal, ELS Architecture and Urban Design (ELS); Lauren Livingston, Principal, The Sports Management Group (TSMG); and four residents. Attendance

The report of the Committee's regular meeting of January 13, 2016, was approved as presented. Report Approved

The Chairman reported that there were 15,703 visits to the Fitness Center in January. Mr. Matheson announced that there are now new statistics to include total visits for pool attendance in an effort to recognize Del Valle as a complex. The combined total for both fitness and pool attendance in January was 21,948. Chairman's Report

Ms. Henzel reported that one treadmill is not working and waiting for parts. Ms. Smith noted that this treadmill is one of only two that are comfortable for running and that it has been inoperable for an extended period of time. Staff Report

A motion was made by Ms. Smith and seconded by Ms. Green to request that the GRF Board authorize funds to purchase a new treadmill suitable for running, with Ms. Henzel to select the appropriate one. Following discussion, the vote on the motion was taken, and the motion CARRIED UNANIMOUSLY. Request to GRF Board for New Treadmill

Ms. Henzel reported that she is working on an article for the Rossmoor News to encourage the use of the bar codes. In January there were 9,414 entrances to the Fitness Center using bar codes and 5,489 entrances using the sign in sheets. Rossmoor News Article

Mr. Edson passed around a handout outlining the various sports and activities in Rossmoor where participants could benefit from the classes taught in the Fitness Center, including a list of the classes that would benefit each sport and activity. He asked for comments about it at the next meeting. Handout Re. Sports & Activities In Rossmoor

Fitness Center Advisory Committee
Regular Meeting

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February 10, 2016

Ms. Livingston of TSMG and Mr. Petta of ELS gave a presentation regarding the design process for the renovation of the Del Valle Complex as well as a preliminary time line for the architectural design phase. It was well received and commended by the Committee.

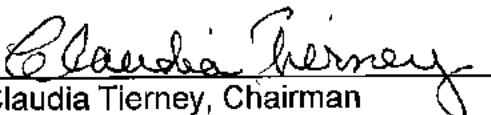
Update on
Del Valle
Renovation
Design
Process/
Schedule
for Pickle
Ball Courts

Mr. Matheson updated the schedule for the use of the pickle ball courts. There are now allocated times to be used for open play (courts can be used by all residents and guests whether a member of the Pickle Ball Club or not) and other times allocated for Club members only.

The Chairman adjourned the meeting at 10:58 a.m.

Adjourn-
ment/
Next Mtg.
3/9/16

The next regular meeting of the FCAC will be held on Wednesday, March 9, 2016, at 9:30 a.m. in the Board Room at Gateway Complex.



Claudia Tierney, Chairman
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics

**DEL VALLE AQUATICS and FITNESS REGISTRATION
FEBRUARY 2016**

ATTENDANCE NUMBERS								ROOM & POOL NUMBERS															
SCANNED ENTRIES								9871	AEROBIC ROOM #s:								2234						
RESIDENT SIGN IN TOTAL:								4699	SHASTA ROOM #s:								1511						
FITNESS GUEST TOTAL:								212	SIERRA ROOM #s:								1495						
FITNESS CAREGIVER TOTAL:								64	POOL STAFF CLASSES:								1144						
CLUB GUEST TOTAL:								217	POOL CONTRACTOR CLASSES:								360						
CONTRACTOR GUEST TOTAL:								24	POOL CLASS TOTAL:								1504						
FITNESS TOTALS:								15087															
								TRAINER ACTIVITY															
POOL ATTENDANCE TOTAL:								6215	TOTAL ½ HOUR SESSIONS								147						
POOL GUEST TOTAL:								289	TOTAL 1 HOUR SESSIONS								109						
POOL CAREGIVER TOTAL:								49	TOTAL FREE SESSIONS								229						
POOL TOTALS:								6553	TOTAL CLASSES TAUGHT								140						
FACILITY TOTAL:								21640	TOTAL PAID SGT CLIENTS								70						
								<table border="1"> <thead> <tr> <th>FEB 2015</th> <th>FEB 2016</th> <th>YTD 2015</th> <th>YTD 2016</th> </tr> </thead> <tbody> <tr> <td></td> <td align="right">21640</td> <td></td> <td align="right">43823</td> </tr> </tbody> </table>				FEB 2015	FEB 2016	YTD 2015	YTD 2016		21640		43823				
FEB 2015	FEB 2016	YTD 2015	YTD 2016																				
	21640		43823																				
POOL TOTALS																							
2011	5609	5135	6004	4591	3802	5142	5617	5301	4625	4480	5901	5305	61,512										
2012	6160	6062	6418	5014	4921	5154	5863	6301	5431	5182	6191	5656	68,353										
2013	6506	6021	6206	5545	4746	5367	6257	5934	5195	5166	5209	5708	67,860										
2014	6681	6,306	5919	5339	5,323	4311	5,832	5,910	5,623	5541	5259	6209	68,253										
2015	6818	6,615	5021	5,573	5,602	5708	5,861	6,272	5,666	5,161	5314	5,400	69,011										
2016	6,480	6,553											13,033										
FITNESS TOTALS																							
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD	POOLS	TOTAL								
2011	13187	12210	14037	12000	12464	12563	11969	13132	11529	11975	11943	11334	148343	61,512	209,855								
2012	12856	12463	12950	12044	12436	12390	12857	13314	12440	13241	11825	11736	150552	68,353	218,905								
2013	13227	12348	12976	13063	12782	11910	13007	13014	11850	12778	11524	11455	149934	67,860	217,794								
2014	13325	12514	13780	12983	12727	11937	13363	13821	12812	13225	12123	12663	155273	68,253	223,526								
2015	13806	13088	14099	13013	13118	13394	14212	14200	13970	13759	12870	13186	162715	69,011	231,726								
2016	15703	15087											30790	13,033	43,823								