

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, OCTOBER 11, 2017, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, October 11, 2017, in the Fairway Room at Creekside Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Sherry Smith, Secretary, Carol A. Green, Charlotte A. Howard, Barbara Leonard, and Melvin C. Fredlund, ex-officio member and GRB representative. Virginia Lee Rapp was excused. Also attending were Leslie Birdsall and Mary Lou Delpech, Directors, GRF; Timothy O'Keefe, CEO; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and two residents.

Attendance

The report of the Committee's regular meeting of September 20, 2017, was approved as written.

Report
Approved

The Chairman reported that the fitness attendance numbers for the month of September totaled 9,001.

Chairman's
Report/
Staff
Report

Ms. Henzel reported that all equipment is running well.

Mr. Matheson gave an update on the Fitness Center Remodel Project. The pool is still not open and there is no announced date to reopen. Staff is currently negotiating with the County to address the issue of the pool building capacity. The remodel of the fitness center remains on schedule and on budget. There will be a tour of the building scheduled for the FCAC during the next month. Staff is now in the process of planning for the transition. The plan is to close the modulars some time during mid-December to prepare for a January soft opening of the remodeled fitness center. During this time, there will be no fitness facility available to the community. The staff will use the time for moving equipment and supplies, orientation to the new facility and equipment, and learning the Mind Body Control system. Staff is working on class and staff schedules. In November the process for new memberships and access control will begin. All residents will need new memberships.

Update on
Del Valle
Complex
Renovation
Project

Mr. Matheson then announced that the GRF Board of Directors approved the hiring of 1.5 FTEs for the front desk. This will provide an additional sixty hours of staffing. The additional staff will work Monday-Friday during the peak hours of the 99 hours per week that the Fitness Center is open. The request for additional floor staff was not approved.

Fitness
Center
Staffing

Ms. Smith announced that Les and Sharon Birdsall will be collecting monetary donations at their home this Thursday and Friday for the family of the editor of the Rossmoor News, Maureen O'Rourke. Several members of her family are severely

impacted by the fires in Sonoma and Napa counties, losing their homes and/or possessions.

Mr. Birdsall announced the results of the ad hoc committee convened by the GRF to name the building and rooms of the remodeled fitness center. That committee will be recommending that the building be called Tice Creek Fitness Center and that the rooms be named according to the prior recommendations of the FCAC sub committee. He also passed out a history of the Tice Family that was written by John Nutley, Rossmoor's unofficial Historian.

Recom-
mendation
re. Naming
Remodeled
Fitness
Center &
Rooms/
Adjourn-
ment/
Next Mtg.
11/8/17

The Chairman adjourned the meeting at 10:15 a.m.

The next regular meeting of the FCAC will be held on Wednesday, November 8, 2017, at 9:30 a.m. in the Board Room at Gateway Complex.



Claudia Tierney, Chairman
Fitness Center Advisory Committee

SS/pj