

# FITNESS CENTER ADVISORY COMMITTEE REPORT

## REGULAR MEETING

WEDNESDAY, NOVEMBER 8, 2017, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, November 8, 2017, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Charlotte A Howard, Barbara Leonard, Virginia Lee Rapp, and Melvin C. Fredlund, ex-officio member and GRB representative. Also attending were Mary Lou Delpech, Director, GRF; Timothy O'Keefe, CEO; and Jeffrey P. Matheson, Director of Resident Services.

Attendance

There was one correction to the draft report of the Committee's October 11, 2017, meeting regarding the location of its November meeting. The report was approved as corrected.

Report  
Approved

The Chairman reported that the fitness attendance numbers for the month of October totaled 9,415.

Chairman's  
Report/  
Staff

Mr. Matheson reported that all equipment is up and running. The regular weekly maintenance continues on Fridays.

Report

Mr. Matheson gave an update on the Fitness Center Renovation Project. It continues on schedule, with the opening date expected sometime in mid-January 2018. After the opening, there will be no classes or personal training for an as yet undetermined period of time so that staff will be available to assist residents. Mr. Matheson said that the FCAC members will have a role in the opening, perhaps greeting people and/or giving tours. It is anticipated that the modulars will close the week of December 18, 2017, for the transition period. After the modulars close, there will be no fitness facility available to the community until the new Tice Creek Fitness Center opens. It is possible that the new access control system will begin the third week in November. Getting all fitness users enrolled in the new access control system will take an extended period of time. Mr. Matheson also handed out the proposed logos for the new Tice Creek Fitness Center, which will be presented to the GRF Board on Friday, November 17, during a special Board meeting in the Fairway Room at Creekside Complex.

Update on  
Tice Creek  
Fitness  
Center  
Renovation  
Project

Due to the resignation of the Fitness Center Supervisor, Mr. Matheson presented the idea of partnering with Active Wellness Management to staff the supervisor position. An extensive discussion period ensued during which there were many questions. Mr. Matheson and Mr. O'Keefe spoke to the advantages of using Active Wellness, which has been involved in the Fitness Center Renovation Project from the beginning. Mr. Matheson said that Active Wellness would conduct a search, vet the candidates, and present three for consideration. While this supervisor would be an employee of Active Wellness, he or she would report to Mr. Matheson and would also attend FCAC meetings. Ms. Smith urged that a member of the FCAC and a

Fitness  
Center  
Staffing

fitness center staff person be part of the interview panel. Whether the partnership occurs depends on GRF Board approval.


Ms. Green proposed the idea of forming a fitness center volunteers club. This will need to be approved by the GRF General Counsel. Ms. Green will send Mr. Matheson a proposed list of tasks for Volunteers.

Proposed  
Volunteer  
Club

The Chairman adjourned the meeting at 11:00 a.m.

Adjourn-  
ment/  
Next Mtg.  
12/13/17

The next meeting of the FCAC will be a tour of the new fitness center and will be held on Wednesday, December 13, 2017, at 9:30 a.m., at the Tice Creek Fitness Center.

  
Claudia Tierney, Chairman  
Fitness Center Advisory Committee

SS/dr