

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, MAY 10, 2017, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, May 10, 2017, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Attendance Sherry S. Smith, Secretary, Carol A. Green, Charlotte A. Howard, Barbara Leonard, Virginia Lee Rapp, and Melvin C. Fredlund, GRF representative and ex-officio member. Also attending were Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and one resident.

The report of the Committee's regular meeting of April 12, 2017, was approved as Report written. Approved

The Chairman reported 3,033 total fitness visits for the month of April, which also Chairman's includes class attendance totals. Report

Ms. Henzel reported that an XT20 bicycle is not working and is waiting for parts. Staff She then presented a graph representing 14 years of fitness center usage. Reports


Per Mr. Matheson, there is an ongoing issue with the restrooms in the modulars. The holding tanks for the toilets have a finite capacity which is exceeded regularly. In an attempt to rectify this problem, the number of service days for emptying the holding tanks has been increased. Committee members reported on the many positive comments made by residents regarding the modulars.

Mr. Matheson updated the Committee on the Del Valle Complex Renovation Update on Project, which is in the demolition and plumbing phases. Internal walls are down Del Valle and the process for raising the roof has commenced. Thus far, there have been no Complex major surprises. In a slide presentation, Mr. Matheson showed pictures of the Renovation demolition within the fitness center structure. Ms. Smith brought up the issue of Project extended times when no trainer is present in the cardio room and when people may need help. Both she and Ms. Rapp gave time periods when this seems to be occurring.

The Chairman adjourned the meeting at 10:00 a.m.

Adjourn-
ment/

The next regular meeting of the FCAC will be held on Wednesday, June 14, 2017, Next Mtg. at 9:30 a.m. in the Board Room at Gateway Complex. 6/14/17



Claudia Tierney, Chairman / p.s.
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics