AGENDA

AQUATICS ADVISORY COMMITTEE

REGULAR MEETING THURSDAY, JUNE 14, 2018, AT 1:30 P.M. BOARD ROOM – GATEWAY COMPLEX

- 1. <u>MEETING CALLED TO ORDER:</u> Brian Stack, Chairman
- 2. <u>ROLL CALL</u>: Stack, Meehan, Reynolds, Gorsuch, Jordan, Koch, Svoboda, and Adams, ex-officio member
- 3. APPROVAL OF REPORT OF APRIL 12, 2018 (Attachment)
- 4. <u>RESIDENTS' FORUM</u>

AAC will follow Rossmoor custom and limit comments to 3 minutes.

- 5. CHAIRMAN'S REPORT
- 6. SUB-COMMITTEE REPORTS
 - a. Publicity
- 7. CORRESPONDENCE AND ANNOUNCEMENTS
 - a. Letter from resident regarding family swim (Attachment)
- 8. <u>ATTENDANCE REPORTS</u>
 - a. May 2018 attendance (Attachment)
- 9. <u>UNFINISHED BUSINESS</u>
 - a. Update on additional projects for Tice Creeks Fitness Center locker rooms
 - b. Review of proposed edits to the General Pool Rules and specific rules for each Pool (Attachment)
- 10. NEW BUSINESS
 - a. Review Environmental Guidelines for Tice Creek Pools (Attachment)
- 11. ADJOURNMENT
- 12. <u>NEXT MEETING:</u> Please note that there will not be a regular meeting of the AAC in July. The next regular meeting of the AAC will be held on Thursday, **August 9, 2018**, at 1:30 p.m. in the Board Room at Gateway Complex.

BKS/dr cc: GRF Board

REGULAR MEETING THURSDAY, APRIL 12, 2018, AT 1:30 P.M.

A regular meeting of the Aquatics Advisory Committee (AAC) was called to order by the Chairman, Brian K. Stack, at 1:30 p.m. on Thursday, April 12, 2018, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Carol A. Meehan, Vice Chairman, Dale O. Reynolds, Secretary, Norman P. Gorsuch, E.J. Koch, Daryl A. Svoboda, and Sue DiMaggio Adams, GRF Board representative and ex-officio member. Barbara S. Jordan was excused. Also, in attendance were Timothy O'Keefe, CEO; Jeffrey P. Matheson, Director of Resident Services; and four residents.

Attendance

The report of the Committee's regular meeting held on March 8, 2018, was approved as written.

Report Approved

During the Residents' Forum, Martela Beck, Sonya Provaznik, and Jan Howard expressed their concerns regarding issues in the women's locker room at the Tice Creek Fitness Center. Laurie Salen wanted clarification on the possibility of residents using outside trainers to work in Rossmoor facilities.

Residents' Forum

Mr. Stack and Mr. Reynolds will work on an article for the Rossmoor News regarding pool time for kids, fragrance, and showering before going into the pools.

Article
re. Pool
Time &

News

Pool numbers were available, but not discussed. Mr. Reynolds reaffirmed that he is working on developing a chart for pool activity.

Fragrance/
Pool
Activity

A motion was made by Mr. Stack, seconded by Ms. Svoboda, and CARRIED UNANIMOUSLY to submit Mr. Matheson's request to add several projects for the Tice Creek Fitness Center to the GRF Board as submitted.

Fitness
Center
Projects
Recommended/
Motion re.
Guest Use

A motion was made by Mr. Stack, seconded by Mr. Reynolds, and CARRIED not to amend the guest use policy to allow non-residents to be exempt from paying the guest use fee at the Tice Creek Fitness Center.

Adjournment

Policy

There being no further business to come before the Committee, the meeting was adjourned at 3:17 p.m.

Next Mtg. 5/10/18

The next regular meeting of the AAC will be held on Thursday, May 10, 2018, at 1:30 p.m. in the Board Room at Gateway Complex.

0/10/1

Brian K. Stack, Chairman Aquatics Advisory Committee From: Brian Stack [mailto:]

Sent: Monday, June 04, 2018 4:53 PM

To: shirley.bates@

Cc: Adams, Sue; Gorsuch, Norman; Barbara Jordan; Koch, E.J.; Meehan, Carol; Dale Reynolds; Svoboda,

Daryl

Subject: Family Swim Hours at Hillside Pool

Ms. Bates,

Allocation of time at an amenity such as Hillside pool can be very challenging. Many residents have differing views on how the pool should be used. Some want classes, others lap swimming only, and others enjoy using the pool with their family and friends. Our challenge is to meet the interests of as many residents as possible. We do this by allocating time for all activities. Over the past several years The Aquatic Advisory Committee has debated about how to improve lap swimming and family swim time during the peak summer months. It is often during these times when the pool becomes crowded and conflicts occur.

For safety and to provide the best service, the AAC has decided that during the select Family Swim hours on the weekends from 11:00 a.m. -2:00 p.m. that the pool will not have lap lanes. Prior to this time and after, the lanes will be in place. When there are 50-80 kids plus other family members, friends, and residents, it is very difficult to justify blocking off one or two lanes for one person while a large number of people are in the remaining space. Hillside Pool is a fabulous pool for laps swimming but it is also a fabulous pool for residents to share with their family and friends for recreational swim. One activity is not more valuable than the other.

During the time Family Swim is scheduled you may consider swimming laps at Tice Creek. Weekday Family Swim at Hillside is from 11:00 AM to 1:00 PM. There will be at least two lap lanes available at those weekday Family Swim hours. It should also be noted that your monthly coupon for Golden Rain Foundation is \$218 per manor per month not including cable tv/internet services. The remainder of your coupon is related to your mutual. Of the \$218/month only \$7.81 is for operation of the pools. I hope you find this to be an exceptional value.

Our committee meets the second Thursday of the month at 1:30 p.m. in the Board Room at Gateway should you wish to attend.

Thank You for Writing, Brian

Brian Stack Rossmoor Aquatics Advisory Committee Chairman Forwarded to AAC: 1132 Running Springs Rd. #4 Walnut Creek, CA 94595 June 2, 2018

Aquatic Advisors Committee Rossmoor

To The Committee Members:

Last weekend I went to the Hillside Pool at approximately 10:00 AM to swim laps. My physician has recommended that I swim as much as possible. I found the pool sectioned off to prevent lap swimming. I was told by the life guard that the pool was for children's swim from 10:00 AM until 2:00 PM. So I went into the deep end to swim. While doing the back stroke I bumped into a child. So I got out of the pool. I looked around and saw some babies in the water with their grandparents. Some of the babies couldn't have been more than two years old. Children of all ages began to fill the pool. So I left. These children do not do laps and most cannot swim. They wade and play. Why is the only outdoor lap pool reserved for them during the prime time of the day? Why are coupon paying residents, mine over \$900.00 per month, relegated to second class status while these children have privileged status at the inconvenience of residents? If the children's grandparents want these children to play in the water, why not allow them to use a pool more suited for non-lap swimming? Dollar pool comes to mind. But just as important, why are these, non-coupon paying, non-resident children allocated as much as four hours of prime time on weekends and three hours during the week at the inconvenience of residents? Please change this system so that it is fair to residents. And please reduce the time allowed for a lap swimmer to occupy a lap to half an hour rather than an hour. Since there are only four or five laps sectioned off, lap swimmers sometimes have to wait an inconvenient amount of time to get a lap when we are allowed to swim laps. I have checked the phone book for swimming facilities. I found eighteen nearby locations. Couldn't the parents or grandparents take their charges to another location? Or how about their paying to construct a pool just for their grandchildren? Respectfully, **Shirley Bates**

HILLSIDE POOL MAY 2018

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DOLLAR POOL MAY 2018

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SAT	12	9	6	3	16	6	5	3	10	5	8	2	5	1	0	0	79	3
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THU	24	6	6	4	13	1	3	1	5	2	2	0	2	0	0	0	45	1
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ROOSMOOR POOL RULES

GENERAL POOL RULES FOR ALL POOL COMPLEXES

POOL HOURS:

 Pool Hours are posted at each facility and are subject to consideration by the Aquatic Advisory Committee and approval of the GRF Board of Directors.

HOLIDAY HOURS:

- All pools will close at 4:00 p.m. on the following holidays: Thanksgiving Eve, Christmas Eve, New Years Eve and the 4th of July.
- All pools will be closed on the following holidays: Thanksgiving Day, Christmas Day and New Years Day

POOL TEMPERATURE:

- Standard pool temperature for each facility will vary however no temperature shall exceed 88 degrees.
- Temperature for the spa at Del Valle shall not exceed 103 degrees.

RULES:

For the purpose of these rules, a resident is defined as a member of the Golden Rain Foundation, a co-occupant, or an approved lessee or sub-lessee.

- Residents and guests of residents must sign-in when entering a pool complex.
- Residents must have their Rossmoor ID Card or approved access device available to show GRF staff upon request.
- Use of private radios or other electronic devises is not permitted except with earphones.
- Smoking is not permitted.
- No glass or other breakable materials are permitted.
- No food or alcoholic beverages are permitted except on the lawn area at <u>Hillside Pool</u>. (Exceptions for approved special events may be considered and must receive prior approval by the Aquatic Advisory Committee).
- Residents or guests with bandages or band aids shall not enter the pools/spa.
- All swimmers must shower before entering the pools/spa.
- All swimmers must wear swimming suit in the pools/spa.
- Swimmers identified as incontinent must not use the pool/spa.
- Swimmers experiencing upset stomach or diarrhea must not use the pools/spa.
- Swimmers with open wounds or communicable diseases must not use the pools/spa.
- Spitting or blowing nose in the pool/spa is not permitted.

- No pets are permitted with the exception of service animals.
- Aggressive behavior or horse play of any kind is not permitted.
- Diving is not permitted.
- Running is not permitted in any of the pool areas.
- Verbal abuse of lifeguard staff or fellow swimmers is not permitted
- Inappropriate or unwelcome physical contact or conversation is not permitted
- Obscene, harassing or sexually oriented language or gestures is not permitted.
- Removal of property belonging to GRF, residents, guests or others is not permitted.
- Inner tubes, animal floats, back floats, or floating play stations are not allowed in the pools.
- Privately owned equipment such as thermometers, clocks, furniture, exercise equipment, etc may not be permanently installed or stored at the pool facilities.

LANE LINE USE: (Applies to Hillside and Del Valle Lap Pool)

- Lane sharing is suggested when residents are waiting for lanes.
- When residents are waiting for a lane, there is a 1 hour work-out limit
- When residents are waiting for a lane, there is a 30 minute work-out limit for guests and guests must share a lane with their resident sponsor.

GUEST POLICY:

- Residents may bring guests. Resident must remain with their guest(s) at all times.
- Guests must be at least 18 years of age except during family swim hours.
- Guests must sign-in and wear a guest wrist band issued by the GRF staff.
 Wrist bands are not issued during family swim.
- Residents are responsible for the conduct of their guest(s).

CAREGIVER POLICY:

- Caregivers must sign-in and wear a guest wrist band issued by the GRF staff.
- Caregivers are encouraged to be in the water to assist their resident while using the pool.
- Caregivers are to watch their resident at all times while their resident is in the water or elsewhere in a pool facility.
- Caregivers shall not use the pool facilities for free swim.

SPECIFIC POOL RULES:

In addition to these general pool rules, there are specific rules applicable to each of Rossmoor's three pool facilities which are promulgated and adopted by the Aquatics Advisory Committee, within the purview of the Committee as defined by its Charter. Said rules have the full force and effect of the general rules and shall be so enforced.

VIOLATION OF RULES:

Residents and their guests must obey pool rules and lifeguard instructions at all times.

• Violation of any pool rules may initiate the filing of an incident report. Repeated offenses may result in possible suspension of the use privileges of the aquatic facilities at the discretion of the CEO or his/her designee.

RULES SPECIFIC TO THE POOLS AT TICE CREEK

HOURS OF OPERATION: (Subject to change)

- Monday through Friday 6:00 a.m. 9:00 p.m.
 (closed for cleaning Thursday's 6:00 a.m. 1:00 p.m. March 1st-November 30th and 6:00 a.m. 10:00 a.m. December 1st through February 28th)
- Saturday and Sunday 6:00 a.m. 6:00 p.m.

POOL TEMPERATURE:

• The desired operating temperature for the Lap Pool is 81-84 degrees, 88 degrees or less for the warm water pool and 103 degrees or less for the spa.

LANE LINE USE:

Lane use will be determined by the Aquatics Advisory Committee.

SPA USE:

Spa safety rules are posted at the Spa.

CELL PHONE USE:

- No cell phone use in the Tice Creek Pool Complex.
- Exception Life Guards and other GRF staff/instructors.

TICE CREEK ENCLOSED POOL ENVIRONMENTAL CONTROL GUIDELINES:

 Adopted by the Aquatics Advisory Committee May 2010. A copy of the guidelines can be obtained from the Aquatics Supervisor, Head Life Guard or Senior Life Guard.

EMERGENCY INFORMATION:

- Use the phone in the lifeguard office and call (9) 911 or Public Safety (9) 988-0693.
- Lifeguard Station Telephone: 988-7853.

GENERAL POOL RULES:

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

RULES SPECIFIC TO THE HILLSIDE POOL

HOURS OF OPERATION: (When pool is open) Subject to change

- Daily 6:00 a.m. 8:00 p.m. (closed Tuesday 6:00 a.m. 1:00 p.m. for cleaning).
- Family swim hours Monday, Wednesday, Thursday and Friday; 11:00 a.m. to 1:00 p.m. Saturday, Sunday and major holidays 11 a.m. to 2:00 p.m.
- Hillside pool is closed from December 1st through February 28th.

POOL TEMPERATURE:

• The desired operating temperature is 81-84 degrees.

LANE LINE USE:

- Lane use will be determined by Aquatic Advisory Committee and Staff as needed.
- Lanes 1 & 2 are not designated as lap swimming lanes in that the pool steps occupy the shallow water entry area.
- Lanes 3, 4, 5 and 6 are designated as lap lanes.
- Lane lines will be removed during Family Swim hours on the weekends and holidays from Memorial Day-Labor Day.

FAMILY SWIM RULES (APPLY DURING FAMILY SWIM HOURS):

- Residents may bring family members. Resident must remain with their family members at all times.
- Non-swimmers must be within arms reach of a responsible adult at all times.
- Children swimming independently or using deep water must be able to pass a swim test if asked by the lifeguard.
- Non-swimmers are not permitted to use arm band floats, or other flotation devices not approved by the U.S. Coast Guard.
- Children are not allowed to use kick boards, agua belts, and hand buoys.
- Children under 18 must leave the pool complex at the conclusion of family swim hours.
- Food is only permitted on the lawn area.

EMERGENCY INFORMATION:

- Use the phone in the lifequard office and call 911 or Public Safety 988-0693.
- Lifequard Station Telephone: 934-4686.

GENERAL POOL RULES:

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

RULES SPECIFIC TO THE DOLLAR POOL

HOURS OF OPERATION: (When pool is open) Subject to change

- Daily 6:00 a.m. 8:00 p.m. (closed Wednesdays 6:00 a.m. 1:00 p.m. for cleaning).
- Dollar pool is closed from December 1st through February 28th.

POOL TEMPERATURE:

The desired operating temperature is not to exceed 88 degrees.

BASKETBALL HOOP:

 Residents and guest may use the basketball hoop unless there are other residents in the pool who request that play be suspended.

EMERGENCY INFORMATION:

- Use the phone in the lifeguard office and call 911 or Public Safety 988-0693.
- Lifeguard Station Telephone: 930-8176.

GENERAL POOL RULES:

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

ROSSMOOR POOL USE GUIDELINES

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- DO NOT BRING VALUABLES to the Pools. Personal items must be stored in day use lockers or cubbies.
- 2. BRING A TOWEL for personal use in the showers.
- 3. **RETURN ALL EQUIPMENT** to proper location for next users.
- AVOID SCENTED PERSONAL CARE PRODUCTS while at the pools.
- 5. BRING A PERSONAL HEADSET, to satisfy your music choice.
- **6. WEAR SHOWER SHOES** in the locker rooms and on the pool deck.

- 7. **DO NOT** visit the Pool if you have cold or flu symptoms.
- 11. CLASS CAPACITY is based on pool size.
- **12. SHOWER** before entering the pool.
- 13. LANE SHARING is strongly encouraged of all swimmers and required of guests when residents are waiting.

TICE CREEK POOLS:

- WINDOWS, DOORS, AND ROOF PANELS WILL BE OPEN BASED ON Environmental Guidelines and the lifeguards discretion.
- 2. **LAP SWIMMING** in the Exercise Pool is only permitted in the deep end.
- 3. **SPA USE** should be limited to no more than 15 minutes
- EXERCISE POOL IS CLOSED for drop-in use during scheduled classes.

Pools at Tice Creek Enclosed Pool Environmental Control Guidelines

- 1. The complex will be vented as necessary if pool chemical odor is particularity strong when staff arrives in the morning to prepare the facility to open to the public.
- 2. If the interior air temperature is at or below 65° F and no exercise class is in session, the windows and roof panels will remain closed and the air handler will be on.
- 3. If the interior air temperature is at or below 65° F and an aquatics class is in session, windows 11 through 18 may be opened by the on-duty lifeguards or if requested by the instructor, as desired, to maintain air circulation. Roof panels will remain closed and the air handler will be on.
- 4. If the interior air temperature is between 66° and 80° F, whether or not an aquatics exercise class is in session, windows 11 through 18 may be opened as needed by the on-duty lifeguards or if requested by an instructor. Panels S3 and S6 may be opened approximately one foot to help to maintain the interior temperature below 80°. Theopened. The air handler will be on.
- 5. If the interior air temperature is at or above 81° F, whether or not an aquatics exercise class is in session, and in an effort to help lower the interior air temperature, all windows can be opened as desired by on-duty life guards. Panels S1, S3, S4 and S6 can be opened up to approximately one-half way adjusted to minimize sun exposure on the pools below. In this circumstance, the air handler will be turned off.
- 6. Roof will be adjusted as needed to help protect swimmers in the pools below from sun exposure.
- 7. These guidelines are intended to provide the best Del Valle enclosed pool complex interior environment possible for resident users. GRF staff and independent instructors using the GRF facilities shall not utilize these guidelines to provide for their personal comfort.
- 8. Only staff is permitted to operate the roof panels. the Aquatics Supervisor, Head Lifeguard and/or Senior Lifeguard are allowed to operate the roof panels.
- 9. If, in the opinion of the <u>Fitness ManagerAquatics Supervisor</u>, Head Lifeguard or Senior Lifeguard on duty, unusual weather or climatic conditions, or unique operational conditions exist which warrant, the <u>Fitness ManagerAquatics Supervisor</u>, Head Lifeguard or Senior Lifeguard may deviate from these guidelines to the extent, in their independent judgment, needed to address the unusual or unique situation.

- 10. The accompanying chart and pool complex diagram are made part of these guidelines.
- 11. These guidelines are to be considered administrative operating procedures and can be modified with the advice and consent of the Aquatics Advisory Committee, from time to time, as future experience and conditions may warrant.

Approved by the Aquatics Advisory Committee: May 13, 2010