

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, APRIL 11, 2018, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, April 11, 2018, in the Fairway Room at Creekside Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Sherry S. Smith, Secretary, Carol A. Green, Charlotte A. Howard, Virginia Lee Rapp, and Melvin C. Fredlund, ex-officio member and GRB representative. Also attending were Geraldine Pyle, President, GRF; Timothy O'Keefe, CEO; Jeffrey P. Matheson, Director of Resident Services; Julie Van Dusen, Fitness Manager; Javier Ramon, Sound and Lighting Technician; and twenty-one residents. Attendance

The report of the Committee's regular meeting of March 14, 2018, was approved as written. Report Approved

Chairman Tierney appointed a committee to rewrite the rules, regulations, and guidelines for the Tice Creek Fitness Center. The committee will be composed of Chairman Tierney, Julie Van Dusen, Virginia Lee Rapp, and Carol A. Green. Committee Created

Per Mr. Matheson, there was a total of 22,235 users of the fitness center going through the turnstiles during the period of March 6, 2018, through March 31, 2018. This represents an increase in users from the full month of March in 2017. The new key fobs have been ordered and should arrive in the next 2 to 3 weeks. Ms. Van Dusen reported the following: There are 82 classes currently being offered; there were 250 assessments in March; staff is booked for the next three weeks; and additional staff hours have been added to accommodate the demand. Staff Report

There were twenty-one residents present for the Residents' Forum. Eleven residents spoke on the topics of opening the fitness center earlier, waiver of guest fees for nonresident members of the two dance clubs, website suggestions, Pilates policy, and locker room issues. Residents' Forum

A PowerPoint presentation was given by Mr. Matheson and Ms. Van Dusen to review modifications to the Fitness Center website. It was noted that the schedule for aquatics was added. Presentation on Website

Discussion ensued regarding proposed policies for use of the Pilates Studio. Mr. Matheson distributed a handout of a draft policy proposal and safety check agreement. He then showed a short video of the use of the Pilates reformers. Draft Policy Proposal

A motion was made by Ms. Rapp, seconded by Ms. Howard and CARRIED, with three ayes and one nay, to approve the proposed policy for the use of the Pilates Studio without alternative options and to include the Safety Check Agreement and Release of Liability as attached. Approved Proposed Policy for Pilates Studio Policy

The Committee was asked to recommend that the GRF Board add several projects

for the Tice Creek Fitness Center. While several of adjustments have been made, some items require further consideration and have a cost impact that must be approved by the Board. The Committee discussed each item and decided to recommend all nine items to the Board, with the additional item of a glass door for the Pilates Studio to replace the solid wood door now used to access the Studio.

Ten Fitness
Center
Renovation
Projects
Recom-
mended

A motion was made by Ms. Howard, seconded by Ms. Rapp, and CARRIED UNANIMOUSLY to recommend to the GRF Board that the ten items listed in the fitness center renovation project be approved for implementation.

The Committee considered a request to open the Tice Creek Fitness Center at 5:30 a.m. instead of 6:00 a.m. Per the summary report, the Board would need to increase the allocation for staff hours for the fitness center and pools or close the facility thirty minutes earlier each day to compensate.

Fitness
Center
Hours

A motion was made by Ms. Smith, seconded by Ms. Howard, and CARRIED, with four ayes and one nay, to deny the request to open the Tice Creek Fitness Center at 5:30a.m.

Discussion ensued regarding the recommendation to the Policy Committee to amend the guest use policy to exempt nonresident club members from the guest use fee. The Committee members considered that exempting nonresident club members from guest use fees would dilute the current policy of charging fees, although the collection of these fees has not yet been implemented. It was mentioned that the guest use fee was instituted as a revenue generating source. It was also noted that recommending the amendment would set a precedent, should the fees be applied to other areas of Rossmoor in addition to the fitness center.

Recom-
mendation
to Policy
Committee
re. Guest
Use Policy

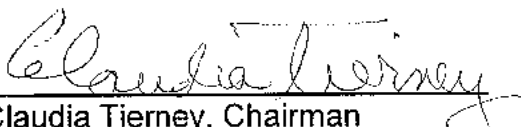
A motion was made by Ms. Rapp, seconded by Ms. Smith, and CARRIED, with three ayes and two abstentions, to recommend to the Policy Committee that the request to amend the guest use policy to exempt nonresident club members from the guest use fee be denied.

The Chairman adjourned the meeting at 12:45 p.m.

Adjourn-
ment/
Next Mtg.

The next regular meeting of the FCAC will be held on Wednesday, May 9, 2018, at 9:30 a.m. in the Board Room at Gateway Complex.

5/9/18


Claudia Tierney, Chairman
Fitness Center Advisory Committee