

AGENDA

AQUATICS ADVISORY COMMITTEE

REGULAR MEETING
THURSDAY, MARCH 12, 2020, AT 1:30 P.M.
BOARD ROOM – GATEWAY COMPLEX

1. MEETING CALLED TO ORDER: Brian Stack, Chairman
2. ROLL CALL: Stack, Meehan, Reynolds, Gorsuch, Prokop, Svoboda, and DiMaggio-Adams, ex-officio member
3. APPROVAL OF REPORT OF JANUARY 9, 2020 (Attachment)
4. RESIDENTS' FORUM

The AAC will follow Rossmoor custom and limit comments to 3 minutes.
5. CHAIRMAN'S REPORT
6. SUB-COMMITTEE REPORTS
 - a. Publicity
7. CORRESPONDENCE AND ANNOUNCEMENTS
 - a. Update on the Hillside Pool pump.
8. ATTENDANCE REPORTS
 - a. Attendance reports will not be provided at the meeting as the outdoor pools were closed.
 - b. Incident report summary will be provided at the meeting.
9. UNFINISHED BUSINESS
 - a. Update on swim lesson program implementation.
10. NEW BUSINESS
 - a. Report from the joint subcommittee regarding guest usage policy. (Attachment)
 - b. Discussion regarding pool temperature for the exercise pool at Tice. (Attachment)
 - c. Update on Lifeguard recruitment efforts. (Attachment)
11. ADJOURNMENT
12. NEXT MEETING: Thursday, May 14, 2020, at 1:30 p.m. in the Board Room at Gateway Complex

BKS/II

cc: GRF Board

AQUATICS ADVISORY COMMITTEE REPORT

REGULAR MEETING
THURSDAY, JANUARY 9, 2020, AT 1:30 PM

A regular meeting of the Aquatics Advisory Committee (AAC) was called to order by the Chairman, Brian K. Stack, at 1:30 p.m. on Thursday, January 9, 2020 in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Carol A. Meehan, Vice Chair, Dale O. Reynolds, Secretary, Norman P. Gorsuch, Dorothy Prokop, Daryl A. Svoboda, and Sue DiMaggio Adams, GRF Board representative and ex-officio member. Also in attendance was Jeffrey P. Matheson, Director of Resident Services.

Attendance

The report of the Committee's regular meeting held on November 14, 2019, was approved as written.

Report
Approved

There were no Resident Forum speakers.

There was no Chairman's Report.

There were no Subcommittee Reports.

There was no Correspondence.

Mr. Matheson distributed the Incident Summary Report for all pools through December 2019 (attached).

Incident Sum-
mary Reports

During Unfinished Business, Mr. Matheson gave the Committee an update on the progress for the re-plastering and the addition of a safety rail at Dollar Pool. Weather has limited progress for completion to date.

Dollar Update

During New Business, David Pomfret, Lifeguard at Fitness Center Pool, proposed to the Committee some guidelines for lane sharing for the exercise pool in the Fitness Center. The guidelines are based upon the governing rules for right-of-way established by the United States Coast Guard. A "body," which is standing or stationary, has the right-of-way from an approaching swimmer. His comments were based upon safety, fairness and scalability. Each person is entitled to their own personal space, which includes their body and the space of an arm's length on either side.

Right-of-Way
Guidelines

A motion was made by Mr. Reynolds, seconded by Ms. Svoboda, and CARRIED UNANIMOUSLY to accept the above for all three pools.

Adoption of
Right-of-Way
Guidelines

There being no further business to come before the Committee, the meeting was adjourned at 2:20 p.m.

Adjourn-
ment

Aquatics Advisory Committee
Regular Meeting

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January 9, 2020

The next regular meeting of the AAC will be held on Thursday, March 12, 2020 at 1:30 p.m. in the Board Room at Gateway Complex. Next Mtg.
3/12/20

Brian K. Stack, Chairman
Aquatics Advisory Committee

CM/II

DRAFT

Agenda Item: 10a
Subject: Guest Use Policy
Meeting Date: March 11, 2020

**SUMMARY REPORT
GOLDEN RAIN FOUNDATION
FITNESS CENTER ADVISORY COMMITTEE**

REPORT PREPARED BY:

Jeff Matheson, Resident Services Director

REQUESTED ACTION/RECOMMENDATION:

Report out from the joint subcommittee of the FCAC and AAC regarding Guest Use Policy.

BACKGROUND:

The joint subcommittee met in February to discuss the current Guest Use Policy. The main issue was the use of facilities by guests who may be visiting a resident who is not able to accompany the guest to a facility. The joint subcommittee was provided a copy of the current policy for consideration. After discussion, the joint subcommittee is recommending that no changes be made. The joint subcommittee felt that guests should be accompanied by a resident and if the sponsoring resident cannot attend, then a neighbor or friend should be the alternative. In the event a neighbor or friend could not take the guest, other opportunities should be pursued outside the gate, such as Heather Farms or a private gym.

OPTIONS:

The full FCAC or AAC can decide to accept the recommendation from the joint subcommittee or request the joint subcommittee further evaluate the issue to develop additional options for consideration.

ATTACHMENTS:

None

Agenda Item: 10b
Subject: Pool Temperature
Meeting Date: March 12, 2020

**SUMMARY REPORT
GOLDEN RAIN FOUNDATION
AQUATIC ADVISORY COMMITTEE**

REPORT PREPARED BY:

Jeff Matheson, Resident Services Director

REQUESTED ACTION/RECOMMENDATION:

Discussion regarding the pool temperature for the exercise pool at Tice Creek.

BACKGROUND:

Over the past month, staff have received a few complaints regarding the temperature of the exercise pool at Tice Creek. The temperature for all pools is set by the pool rules adopted by the GRF Board. The set temperature for the exercise pool is 88 degrees.

In 2008, the GRF Board commissioned an Aquatics Safety Assessment for all GRF owned and operated pools. The assessment was conducted by R. Theresa Campbell, M.S., professional aquatic consultant. The study recommended that the maximum temperature for the exercise pool as well as Dollar pool be kept between 86-88 degrees. This recommendation was based on standards established by the Arthritis Foundation, AAHPERD Adaptive Aquatic Program and Water Fitness Programs, YMCA Water Fitness and Active Older Adults Program, and Aquatic Exercise Association. A pool with a temperature exceeding 88 degrees is considered a therapy pool. Therapy pools require greater supervision and are used by a licensed Physical Therapist for clients.

The Exercise Pool is set to maintain the water as close to 88 degrees as possible. Based on the distance to the heater from the pool and the volume of water it is not possible to maintain a constant 88. The pool will fluctuate between 87-89 as the heaters come on and off and the outside temperature varies.

OPTIONS:

It is not recommended by staff that the temperature be adjusted for any of the pools.

ATTACHMENTS:

none

Agenda Item: 10c
Subject: Lifeguards
Meeting Date: March 12, 2020

**SUMMARY REPORT
GOLDEN RAIN FOUNDATION
AQUATIC ADVISORY COMMITTEE**

REPORT PREPARED BY:

Jeff Matheson, Resident Services Director

REQUESTED ACTION/RECOMMENDATION:

Update regarding Lifeguard recruitment efforts.

BACKGROUND:

The outdoor pools open for the season on March 1st of each year. The month of March has limited hours. In April, the pools are scheduled to open for regular hours 6:00 a.m. – 8:00 p.m. daily. In 2019, the pools were not able to be open for the full hours due to a shortage of lifeguard staff. Golden Rain Foundation hires a combination of full-time, part-time, and seasonal guards. In 2019, recruitment efforts did not yield enough applicants to fully staff the pools. Based on these results, the GRF Board approved an adjustment to the wages for lifeguards, authorized a sign-on bonus program, and approved shifting to more full-time, year-round staffing. These changes have resulted in more staff available to begin the outdoor season; however, GRF still is in need of seasonal staff in order to provide the full coverage needed for the pools.

Recruitment efforts for Lifeguard staff include advertising in publications such as In-Deed, Craig's List, local papers, job boards at all colleges and high schools in the area, and direct mail and phone calls to all swim team coaches and managers as well as other pool operators. In addition, for 2020, advertising will be expanded to include social media posts and a job fair has been scheduled for March 28th from 11:00-1:30 at Hillside Pool.

Any resident that knows of a potential applicant is encouraged to have them attend the job fair.

OPTIONS:

Informational

ATTACHMENTS:

None