

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING WEDNESDAY, JULY 10, 2019, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chair, Catherine S. Herdering, at 9:30 a.m. on Wednesday, July 10, 2019, in the Fairway Room at Creekside Complex.

Present, in addition to the Chair, were James V. Grizzell, Vice Chairman, Janet Corda, Secretary, Larry Kaufman, Alice King, Virginia Lee Rapp, Robert Remington, and Leslie Birdsell, ex-officio member and GRF representative. Also attending were Robert D. Kelso, President, GRF; Timothy O'Keefe, CEO; Mark Metcalf, Regional Operations Manager of Active Wellness; Noah Yuzna, Fitness Center Lead; and one resident. Attendance

The report of the Committee's regular meeting of June 12, 2019, was approved as written. Report Approved

A motion was made, seconded, and CARRIED UNANIMOUSLY to elect James V. Grizzell as Vice Chairman of the Fitness Center Advisory Committee. Vice Chairman Elected

A motion was made, seconded, and CARRIED UNANIMOUSLY to elect Janet Corda as Secretary of the Fitness Center Advisory Committee. Secretary Elected

The Chairman reported that there were 20,158 visits for the Fitness Center during the Month of June 2019. Chairman's Report

Mr. Metcalf reported that the pickle ball numbers for this year will be revised to reflect only those who played at the Fitness Center and not those from the Creekside outdoor courts. He also reported that there is normally a drop in attendance at the Fitness Center and classes during the summer months due to both resident and staff vacations and that the Pilates Reformer classes need to have a minimum average of two per class to break even. He lastly reported that the June revenue for the Fitness Center was \$19,475 and year to date is \$110,678. Staff Reports

It was agreed that Charlotte Howard, would continue to help with the Wall of Fame pictures at the Fitness Center, despite no longer being a Committee member. Ms. King displayed her July 3 article in the Rossmoor News on resident Bud Lembke, who is the newest addition to the Wall of Fame. Publicity & Wall of Fame Update

There was one speaker at the Residents' Forum concerned with the use of medical language, which was addressed. Residents' Forum

Addressing Unfinished Business, Ms. Rapp brought up the question regarding the use of videos being used as a substitute when an instructor cannot be present. It was also mentioned that the issue of whether or not to have music played over the speakers in the Fitness Center will be revisited in the future. Video Instruction/ Music

Addressing New Business, staff opened initial discussion on levels of service in preparation for the 2020 Operating Budget. The Committee will consider proposals on floor staff and back up for cancelled classes (including a possible on-call position and video support) in the budget recommendations to the GRF. Mr. Matheson and Mr. Metcalf will develop these ideas for the Committee's August meeting.

Levels of
Service and
Budget for
2020

The Chairman adjourned the meeting at 10:31 a.m.

Adjourn-
ment/

The next regular meeting of the FCAC will be held on Wednesday, August 14, 2019, at 9:30 a.m. in the Board Room at Gateway Complex.

Next Mtg.
8/14/19



Catherine Herdering, Chair
Fitness Center Advisory Committee

CH/dr