

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING

WEDNESDAY, OCTOBER 10, 2018, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, October 10, 2018, in the Fairway Room at Creekside Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Charlotte A. Howard, Secretary, James V. Grizzell, Alice King, Virginia Lee Rapp, Robert Remington, and Geraldine Pyle, ex-officio member and GRB representative. Also attending were Robert D. Kelso, President, and Kenneth Anderson, Director, GRF; Timothy O'Keefe, CEO; Jeffrey P. Matheson, Director of Resident Services; Mark Metcalf, Regional Operations Manager of Active Wellness; and one resident.

Attendance

The report of the Committee's regular meeting of September 5, 2018, was approved with one correction. In the last paragraph on page 3-2 after "a full-time fitness lead," add "and a full-time front desk lead." The report will be revised to reflect the correction.

Report
Approved

The Chairman reported that there were 21,485 visits to the Fitness Center during the month of September. Mr. Matheson reported that the attendance report has a different look this month, which shows average visits per days of the week as well as a graph, which shows average visits per hour. This information can be used to show peak usage time. September numbers were a little lower because some people had been confused about scanning and had been re-scanning multiple times in previous months.

Chairman's
Report

Mr. Metcalf reported that having residents fill out necessary forms on an iPad is working out very well. He also reported that robot calls, which announce to residents when a class is cancelled, will return within the next 2-3 weeks. The recumbent bike issue has been resolved. And the floors of the Dance Studio and the Serenity Studio are being treated to provide users a better grip. An offer will be made this week to fill the Service Desk Lead position, but the position of Fitness Lead will take longer to find someone with the required expertise.

Staff
Reports

During the Residents' Forum, Ken Anderson requested that bus schedules be posted inside the Fitness Center, so residents will know when to leave to get to the bench in time.

Residents'
Forum

Mr. Remington suggested a call button be installed in the men's restroom.

Mr. Matheson reported that at its September meeting, the GRF Board approved the Operating Budget for 2019. However, the GRF Board failed to approve two items that the FCAC had recommended: a full-time floor staff person and a plan to generate revenue. Therefore, staffing level will remain the same, but the new structure for personnel will give improved coverage. This plan is budget neutral, he said.

Fitness
Center
2019
Operating
Budget

Mr. Metcalf reported that custodial support will be contracted for the Fitness Center locker rooms, restrooms, flooring, etc.

Mr. Matheson recommended that everyone should use shower shoes for their own protection.


The current Guest Usage Policy requires that all guests be accompanied by a resident member at all times. However, some resident members are physically unable to come to a GRF facility with their guests. The FCAC will consider recommended amendments to this Policy at its November meeting. The Aquatics Advisory Committee will also be considering this issue. Policy 304.1
Guest Usage Policy

The Chairman adjourned the meeting at 10:40 a.m.

Adjourn-
ment/

The next regular meeting of the FCAC will be held on Wednesday, November 14, 2018, at 9:30 a.m. in the Board Room at Gateway Complex.

Next Mtg.
11/14/18


Claudia Tierney, Chairman
Fitness Center Advisory Committee

CH/dr