

**RULES SPECIFIC TO THE
TICE CREEK FITNESS CENTER POOLS**

HOURS OF OPERATION: (Subject to change)

- Monday through Friday 6:00 a.m. – 9:00 p.m.
(closed for cleaning Thursday's 6:00 a.m. – 1:00 p.m. April 1st-October 31st
and 6:00 a.m. – 10:00 a.m. November 1st through March 31st)
- Saturday and Sunday 6:00 a.m. – 6:00 p.m.

POOL TEMPERATURE:

- The desired operating temperature for the Lap Pool is 81-84 degrees, 88 degrees or less for the warm water pool and 103 degrees or less for the spa.

LANE LINE USE:

- Lane use will be determined by the Aquatics Advisory Committee.

SPA USE:

- Spa safety rules are posted at the Spa.

CELL PHONE USE:

- No cell phone use in the Tice Creek Fitness Pool Complex.
- Exception – Lifeguards and other GRF staff/instructors.

TICE CREEK ENCLOSED POOL ENVIRONMENTAL CONTROL GUIDELINES:

- Adopted by the Aquatics Advisory Committee May 2010. A copy of the guidelines can be obtained from the Aquatics Supervisor, Head Lifeguard or Senior Lifeguard.

EMERGENCY INFORMATION:

- Use the phone in the lifeguard office and call 911 or Public Safety (9) 988-0693.
- Lifeguard Station Telephone: 988-7853.

GENERAL POOL RULES:

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

RULES SPECIFIC TO THE DOLLAR POOL

HOURS OF OPERATION: (When pool is open) Subject to change

- Daily 6:00 a.m. – 8:00 p.m. (closed Wednesdays 6:00 a.m. – 1:00 p.m. for cleaning).
- Dollar pool is closed from November 1st through March 31st.

POOL TEMPERATURE:

- The desired operating temperature is not to exceed 88 degrees.

BASKETBALL HOOP:

- Residents and guests may use the basketball hoop unless there are other residents in the pool who request that play be suspended.

EMERGENCY INFORMATION:

- Use the phone in the lifeguard office and call 911 or Public Safety 988-0693.
- Lifeguard Station Telephone: 930-8176.

GENERAL POOL RULES:

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

RULES SPECIFIC TO THE HILLSIDE POOL

HOURS OF OPERATION: (When pool is open) Subject to change

- Daily 6:00 a.m. – 8:00 p.m. (closed Tuesday 6:00 a.m. – 1:00 p.m. for cleaning).
- Family swim hours Monday, Wednesday, Thursday and Friday; - 11:00 a.m. to 1:00 p.m. Saturday, Sunday and major holidays - 11 a.m. to 2:00 p.m.
- Hillside pool is closed from November 1st through March 31st.

POOL TEMPERATURE:

- The desired operating temperature is 82-84 degrees.

LANE LINE USE:

- Lane use will be determined by Aquatic Advisory Committee and Staff as needed.
- Lanes 1 & 2 are not designated as lap swimming lanes in that the pool steps occupy the shallow water entry area.
- Lanes 3, 4, 5 and 6 are designated as lap lanes.

FAMILY SWIM RULES (APPLY DURING FAMILY SWIM HOURS):

- Residents may bring family members. Resident must remain with their family members at all times.
- Non-swimmers must be within arms reach of a responsible adult at all times.
- Children swimming independently or using deep water must be able to pass a swim test if asked by the lifeguard.
- Non-swimmers are not permitted to use arm band floats, or other flotation devices not approved by the U.S. Coast Guard.
- Children are not allowed to use kick boards, aqua belts, and hand buoys.
- Children under 18 must leave the pool complex at the conclusion of family swim hours.

EMERGENCY INFORMATION:

- Use the phone in the lifeguard office and call 911 or Public Safety 988-0693.
- Lifeguard Station Telephone: 934-4686.

GENERAL POOL RULES:

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.